



## Effectiveness and safety of antiviral or antibody treatments for coronavirus

A rapid review

Prepared for Public Health Agency of Canada

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#### ABSTRACT

**Background:** To identify safe and effective medical countermeasures (e.g., antivirals/antibodies) to address the current outbreak of a novel coronavirus (COVID-19)

**Methods:** Comprehensive literature searches were developed by an experienced librarian for MEDLINE, EMBASE, the Cochrane Library, and biorxiv.org/medrxiv.org; additional searches for ongoing trials and unpublished studies were conducted in clinicaltrials.gov and the Global Infectious Diseases and Epidemiology Network (GIDEON). Title/abstract and full-text screening, data abstraction, and risk of bias appraisal were carried out by single reviewers.

**Results:** 54 studies were included in the review: three controlled trials, 10 cohort studies, seven retrospective medical record/database studies, and 34 case reports or series. These studies included patients with severe acute respiratory syndrome (SARs, n=33), middle east respiratory syndrome (MERS, n=16), COVID-19 (n=3), and unspecified coronavirus (n=2). The most common treatment was ribavirin (n=41), followed by oseltamivir (n=10) and the combination of lopinavir/ritonavir (n=7). Additional therapies included broad spectrum antibiotics (n=30), steroids (n=39) or various interferons (n=12). No eligible studies examining monoclonal antibodies for COVID-19 were identified. One trial found that ribavirin prophylactic treatment statistically significantly reduced risk of MERS infection in people who had been exposed to the virus. Of the 21 studies reporting rates of ICU admission in hospitalized SARS or MERS patients, none reported statistically significant results in favour of or against antiviral therapies. Of the 40 studies reporting mortality rates in hospitalized SARS or MERS patients, one cohort study (MERS) and one retrospective study (SARS) found a statistically significant increase in the mortality rate for patients treated with ribavirin. Eighteen studies reported potential drugrelated adverse effects including gastrointestinal symptoms, anemia, and altered liver function in patients receiving ribavirin.

**Conclusion:** The current evidence for the effectiveness and safety of antiviral therapies for coronavirus is inconclusive and suffers from a lack of well-designed prospective trials or observational studies, preventing any treatment recommendations from being made. However, it is clear that the existing body of evidence is weighted heavily towards ribavirin (41/54 studies), which has not shown conclusive evidence of effectiveness and may cause harmful adverse events so future investigations may consider focusing on other candidates for antiviral therapy.





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### **INTRODUCTION**

#### **Purpose and Research Questions**

The Infectious Disease Prevention and Control Branch of the Public Health Agency of Canada (PHAC) submitted a query on the effectiveness and safety of antiviral, antibody, or other medical countermeasures for the treatment of novel coronavirus (COVID-19) through the Canadian Institutes of Health Research (CIHR) Drug Safety and Effectiveness Network (DSEN). They requested the DSEN Methods and Application Group in Indirect Comparisons (MAGIC) Team conduct a rapid review on this topic with an approximate 2-week timeline.

The overall objective of this rapid review was to identify safe and effective medical countermeasures to address the current outbreak of a novel coronavirus (COVID-19). In order to focus the research question to increase feasibility, we proposed the following key research questions:

- 1. What is the effectiveness and safety of any antiviral and/or monoclonal antibody treatment currently available to treat (COVID-19)?
- 2. What is the effectiveness and safety of currently available antiviral therapies used to treat other coronavirus infections?

#### **METHODS**

#### **Overall methods**

The rapid review conduct was guided by the Cochrane Handbook for Systematic Reviews of Interventions<sup>1</sup> along with the Rapid Review Guide for Health Policy and Systems Research<sup>2</sup>. The team used an integrated knowledge translation approach, with consultation from the knowledge users from the Public Health Agency of Canada at the following stages: question development, literature search, study inclusion, interpretation of results, and draft report. After the report is submitted to the Public Health Agency of Canada, a manuscript will be prepared for publication and we will invite our knowledge users to join us as coauthors. We will use the Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA) Statement<sup>3</sup> to guide the reporting of our rapid review results; a PRISMA extension specific to rapid reviews is currently under development.

#### Literature search

Comprehensive literature searches addressing both research question 1 (RQ1) and research question 2 (RQ2) were developed by an experienced librarian for MEDLINE, EMBASE, the Cochrane Library, and biorxiv.org/medrxiv.org databases. Grey (i.e., difficult to locate or unpublished) literature was located using keyword searches of relevant terms (e.g. coronavirus, SARS, etc.) in clinicaltrials.gov and GIDEON (Global Infectious Diseases and Epidemiology Network). Additionally, the final set of included articles was cross-referenced with a list studies provided by our knowledge users from the Public Health Agency of Health as part of the scoping process for this review. The full MEDLINE search strategy and grey literature search keywords can be found in Appendix 1.





#### **Eligibility criteria**

The Eligibility criteria followed the PICOST framework and consisted of:

<u>Population (for research question 1 (RQ1) and 2 (RQ2):</u> Individuals of any age treated for a coronavirus infection. Subgroups of interest include older adults aged >65 years, pediatric, pregnant, or immunocompromised patients.

#### Intervention:

- The following interventions were eligible for RQ1:
  - Antiviral medications approved for use in COVID-19 or currently in pre-clinical trials (animal studies, excluding *in vitro* studies) for treating COVID-19 (see Table 1).
  - Monoclonal antibodies approved for use in COVID-19 or currently in pre-clinical trials (animal studies, excluding *in vitro* studies) for treating COVID-19.
- The following interventions were of interest for RQ2:
  - Antiviral agents used alone or in combination that are approved for use in coronavirus treatment or are being examined in clinical trials for use in coronavirus treatment (Table 1).

<u>Comparator (for RQ1 and RQ2)</u>: One of the interventions listed above, no intervention, or placebo.

<u>Outcomes (for RQ1 and RQ2)</u>: lab-confirmed coronavirus infection, hospitalization, intensive care unit (ICU) admission, mortality, and adverse events (e.g., exacerbation of infection).

#### Treatment List of medications indication/Drug class Experimental Remdesivir (GS-5734) • antiviral agents Influenza virus ribavirin (Ibavyr) neuraminidase inhibitors ٠ • infections matrix 2 protein inhibitors oseltamivir (Tamiflu) 0 • peramivir (Rapivab) o **amantadine** 0 zanamivir (Relenza) RNA polymerase inhibitors 0 • o rimantadine Human acyclic guanosine analogues pyrophosphate analogues • • cytomegalovirus o acyclovir o foscarnet infections o fomivirsen acyclic nucleoside phosphonate analogues oligonucleotides cidofovir 0 diphosphates 0

Table 1: Example list of relevant interventions\*





| Treatment                                    | List of modioations   |  |
|--|---|--|
| Treatment<br>indication/Drug<br>class        | List of medications   |  |
| Respiratory<br>syncytial virus<br>infections | <ul> <li>ribavirin (Ibavyr) and antibodies</li> </ul>   |  |
| HIV infections                               | <ul> <li>protease inhibitors         <ul> <li>boceprevir</li> <li>telaprevir</li> <li>lopinavir</li> <li>ritonavir</li> <li>darunavir/cobicistat<br/>(Prezcobix)</li> <li>indinavir (Crixivan)</li> <li>saquinavir (Invirase)</li> </ul> </li> <li>integrase inhibitors         <ul> <li>raltegravir</li> <li>elvitegravir</li> <li>dolutegravir</li> <li>dolutegravir</li> <li>entry (fusion) inhibitors                 <ul> <li>celsentri</li> </ul> </li> <li>nucleoside reverse transcriptase inhibitors                     <ul> <li>abacavir</li> <li>ziagen</li> <li>emtriva</li> <li>lamivudine</li> </ul> </li> </ul> </li> </ul> | <ul> <li>epivir</li> <li>tenofovir</li> <li>viread</li> <li>zidovudine</li> <li>azidothymidine</li> <li>retrovir</li> <li>nonnucleoside reverse<br/>transcriptase inhibitors</li> <li>doravirine</li> <li>pifeltro</li> <li>efavirenz</li> <li>sustiva</li> <li>etravirine</li> <li>intelence</li> <li>nevirapine</li> <li>viramune</li> <li>rilpivirine</li> <li>edurant</li> <li>acyclic nucleoside</li> <li>phosphonate analogues</li> <li>cidofovir</li> <li>diphosphates</li> </ul> |
| modulators<br>Monoclonal<br>Antibodies       | <ul> <li>abciximab (Reopro)</li> <li>adalimumab (Humira/Amjevita)</li> <li>alefacept (Amevive)</li> <li>alemtuzumab (Campath)</li> <li>basiliximab (Simulect)</li> <li>belimumab (Benlysta)</li> <li>bezlotoxumab (Zinplava)</li> <li>canakinumab (Ilaris)</li> <li>certolizumab (Cimzia)</li> <li>cetuximab (Erbitux)</li> <li>daclizumab (Zenapax/Zinbryta)</li> <li>denosumab (Prolia/Xgeva)</li> <li>efalizumab (Simponi)</li> <li>inflectra (Remicade)</li> </ul>  | <ul> <li>ipilimumab (Yervoy)</li> <li>ixekizumab (Taltz)</li> <li>natalizumab (Tysabri)</li> <li>nivolumab (Opdivo)</li> <li>olaratumab (Lartruvo)</li> <li>omalizumab (Xolair)</li> <li>palivizumab (Synagis)</li> <li>panitumumab (Vectibix)</li> <li>pembrolizumab (Keytruda)</li> <li>rituximab (Rituxan)</li> <li>tocilizumab (Actemra)</li> <li>trastuzumab (Herceptin)</li> <li>secukinumab (Cosentyx)</li> <li>ustekinumab (Stelara)</li> </ul>                                  |

\*Note: not an exhaustive list





#### Study designs:

- The following study designs were eligible for RQ1:
  - o Randomized controlled trials (RCTs) and quasi-RCTs
  - Non-randomized studies (e.g., non-randomized trials, interrupted time series, controlled before after)
  - Observational studies (e.g., cohort, case control, cross-sectional)
  - o Case studies, case reports, and case series
  - o Pre-clinical (animal) studies
- The following study designs were eligible for RQ2:
  - o Randomized controlled trials (RCTs) and quasi-RCTs
  - Non-randomized studies (e.g., quasi-RCTs, non-randomized trials, interrupted time series, controlled before after)
  - Observational studies (e.g., cohort, case control, cross-sectional)

Time periods (for RQ1 and RQ2): All periods of time and duration of follow-up were eligible.

<u>Other (for RQ1 and RQ2)</u>: Only studies published in English were eligible for inclusion, due to the short timelines for this review. Relevant studies written in languages other than English and relevant studies of an ineligible design (e.g., trial protocol, literature review) will be excluded but reported in an appendix of possibly relevant articles (Appendix 2).

#### **Study selection**

For both level 1 (title/abstract) and level 2 (full-text) screening, a screening form was prepared based on the eligibility criteria and pilot-tested by the review team using 25 citations prior to level 1 screening and 10 full text articles prior to level 2 screening. Agreement between reviewers was sufficiently high (>75%) in both cases so no further pilot-testing was required. Full screening was completed by a single reviewer for both level 1 and level 2 using Synthesi.SR, the team's proprietary online software [https://breakthroughkt.ca/login.php].

#### Data items and data abstraction

Items for data abstraction included study characteristics (e.g., study period, study design, country of conduct), patient characteristics (e.g., mean age, age range, co-morbidities), intervention details (e.g., type of intervention, dose, timing of treatment), comparator details (e.g., comparator intervention, dose), and outcome results (e.g., hospitalizations due to coronavirus, adverse events, mortality) at the longest duration of follow-up.

A standardized data abstraction form was developed to capture data on the above listed items. Prior to data abstraction, a calibration exercise was completed to test the form amongst the entire review team using two randomly selected full-text articles. Following successful completion of the calibration exercise, included studies were abstracted by single reviewers.





#### **Risk of bias appraisal**

Risk of bias appraisal was carried out by single reviewers using Cochrane Risk of Bias (RoB) tool<sup>4</sup> for controlled trials and the Newcastle Ottawa Scale<sup>5</sup> (NOS) for cohort or case-control studies.

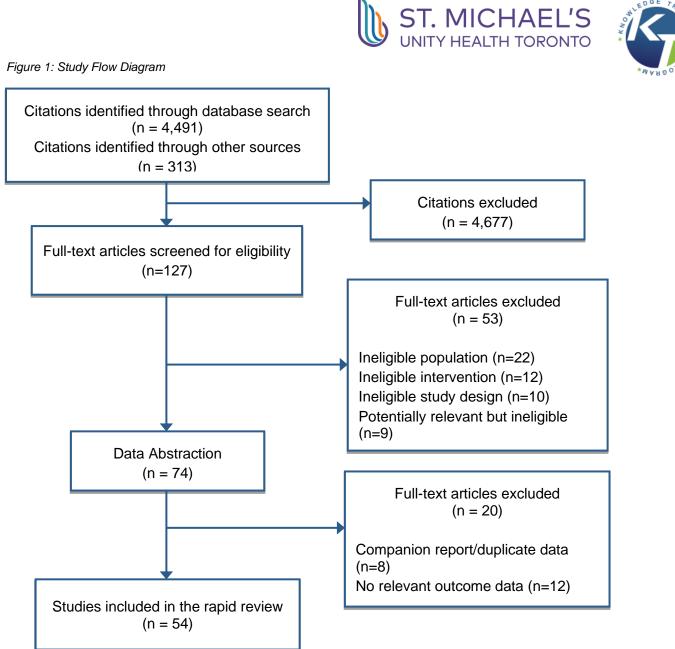
#### **Synthesis**

Included studies were synthesized descriptively including summary statistics and detailed tables of study characteristics and results. Tables of study results are organized according to study design and where available, information on relevant subgroups were highlighted.

#### RESULTS

#### **Literature Search**

The database search returned a total of 4,491 citations, while the grey literature searches returned 305 citations, and 8 additional citations were identified from the articles provided by our knowledge users from the Public Health Agency of Canada for level 1 screening. A total of 4,567 citations were excluded after level 1 screening and a further 81 citations were identified as ineligible for the current review but potentially of interest to knowledge users, leaving 156 potentially relevant articles to be passed to level 2 screening. The full-text for 29 articles could not be obtained in time to be screened for this review and were added to the inventory of potentially relevant articles. Of the 127 articles screened at level 2, 74 were passed to data abstraction. During data abstraction a further 20 articles were excluded due to lack of relevant outcomes, leaving 54 articles included in this review (Figure 1).



#### **Characteristics of included studies**

Of the 54 studies included in this review three were controlled trials<sup>6-8</sup>, 10 were cohort studies<sup>9-18</sup>, seven were retrospective medical record/database studies<sup>19-25</sup>, and 34 were case reports or case series<sup>26-59</sup> (Table 2). All of the included studies were published between 2003 and 2020 with the majority conducted in Hong Kong (n=14), followed by China (n=12), Saudi Arabia (n=10), Canada (n=5), South Korea (n=4), Taiwan (n=3), and one each from France, Germany, Greece, the United Arab Emirates, and the United States. Sample sizes for the studies ranged from single patients in the case reports to groups of >1000 patients in the cohort studies. Overall, the majority of studies (n=33) dealt with treatment of Severe Acute Respiratory Syndrome (SARS), followed by Middle East Respiratory Syndrome (MERS; n=16), COVID-19 (n=3) and two studies treated unspecified coronavirus.

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The majority of studies were conducted in adult populations (n=52), one case report<sup>31</sup> and one case series<sup>36</sup> included infant and pediatric populations, respectively. Four case reports/series<sup>29,45,46,48</sup> specifically included immunocompromised patients and one case study<sup>34</sup> included a pregnant woman with MERS; however, the majority of study populations included patients with comorbid conditions (n=33). Common comorbidities included diabetes, heart disease, hypertension, and renal failure (Appendix 3). The most common antiviral studied was ribavirin (n=41), followed by oseltamivir (n=10) and the combination of lopinavir/ritonavir (n=7). Additional therapies used in the studies included a variety of broad spectrum antibiotics (n=30), steroids including hyrdcortisone, methylprednisone, or prednisolone (n=39) or various interferons (n=12; Appendix 3). No animal or human trials investigating monoclonal antibodies for the treatment of COVID-19 were found in this rapid review. All of the studies recruited from or reported on hospitalized populations and the most commonly reported outcome was mortality (n=40), followed by ICU admission (n=21) and adverse events (n=18).

#### Table 2: Summary Study and Patient Characteristics

| Characteristics (n)                              | Controlled<br>Trials (n=3)    | Cohort Studies<br>(n=10)   | Retrospective<br>Studies (n=7)                 | Case<br>Reports/Series<br>(n=34)  |
|--|-------------------------------|--|--|---|
| Diagnosis  |                               |  |  |   |
| COVID-19   |                               |  |  | 3   |
| SARS   | 2                             | 7  | 4  | 20  |
| MERS   | 1                             | 3  | 3  | 9   |
| Other coronavirus                                |                               |  |  | 2   |
| Age of population (range)                        | 22 to 57                      | 15 to 70   | 22 to 79                                       | 4 months to 83<br>years   |
| Sample size<br>[median (range)]                  | 43 (16 to 190)                | 169 (72 to<br>1934)  | 63 (14 to 306)                                 | 8 (1 to 323)  |
| Publication Year<br>(range)                      | 2004 to 2019                  | 2003 to 2019   | 2003 to 2019                                   | 2003 to 2020  |
| Country of<br>conduct                            | China (2), South<br>Korea (1) | China (3), Hong<br>Kong (3), South<br>Korea (1), Saudi<br>Arabia (2),<br>Singapore (1) | Canada (2),<br>Saudi Arabia (3),<br>Taiwan (2) | Canada (3),<br>China (7),<br>France (1),<br>Germany (1),<br>Greece (1),<br>Hong Kong (11),<br>South Korea (2),<br>Saudi Arabia (5),<br>Taiwan (1),<br>United Arab<br>Emirates (1),<br>USA (1) |
| Comorbidities<br>reported in study<br>population | No (3)                        | Yes (6); No (4)  | Yes (5), No (2)                                | Yes (22), No<br>(12)  |
| Interventions                                    |                               | 9  |  |   |
| Ribavirin  | 3                             | 2  | 7  | 29  |
| Oseltamivir                                      |                               | 2  | 1  | 7   |
| Lopinavir/ritonavir                              | 1                             | 2  | 1  | 3   |





| Foscarnet   |   |    |   | 1  |
|-------------|---|----|---|----|
| Remdesivir  |   |    |   | 1  |
| Antibiotics | 2 | 3  | 3 | 22 |
| Steroids    | 2 | 10 | 5 | 22 |
| Interferons | 1 | 3  | 2 | 6  |

#### **Risk of Bias Results**

The 34 case reports/series and 7 retrospective studies included in this review were not assessed for risk of bias due to the inherent bias in the type of study design. The 3 trials were assessed with the Cochrane RoB tool<sup>4</sup> and the 10 cohort studies were assessed using the NOS<sup>5</sup>. The risk of bias in the 3 included trials was overall difficult to judge due to a lack of adequate descriptions of study methods (Figure 2). All three of the trials were at high or unclear risk of bias on the following components: random sequence generation, allocation concealment, and blinding of participants/personnel (Appendix 5). The cohort studies were of fair quality overall; most of the studies suffered from a lack of representative sampling (n=8), failed to demonstrate that the outcomes of interest were not present at the start of the study (n=8), or failed to adequately ensure the comparability of cohorts (n=4; Figure 3). The complete NOS results are provided in Appendix 5.





Figure 2 Cochrane RoB results - Controlled trials (n=3)

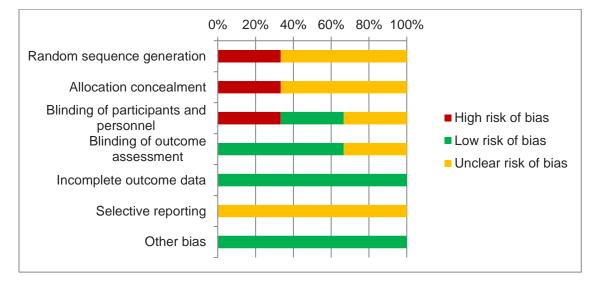
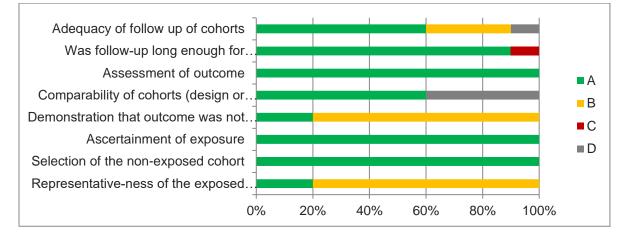


Figure 3: NOS Results - Cohort studies (n=10)



#### **Studies of COVID-19**

Three studies examining patients infected with COVID-19 were included in this review: one case report<sup>35</sup> and two case series<sup>56,57</sup>.

The case report<sup>35</sup> included a 35-year-year old man, the first American diagnosed with COVID-19. He, he was initially treated with vancomycin and cefepime which are standard treatments for suspected community-acquired pneumonia. Upon lab-confirmation of COVID-19 infection, the antibiotics were stopped and the patient was started on Remdesivir 7 days after initial admission to hospital. At study end, the patient remained hospitalized with the majority of symptoms resolved (see appendices 3 and 4 for complete details).

The two case series<sup>56,57</sup> were conducted in China and included 4 and 138 patients, respectively. All patients were hospitalized and initial diagnosis was made based on WHO Criteria later confirmed by lab-testing of the patient specimens. The case series included an approximately even number of male and female (55% v 45%) patients ranging in age from 19 to 68 years old,

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with a variety of co-morbidities including cardiovascular disease, chronic kidney or liver disease, COPD, and diabetes (Appendix 3). In one case series<sup>57</sup>, patients (n=4) were treated with a combination of lopinavir/ritonavir, Arbidol (umifenovir), antibiotics, Shufeng Jiedu Capsule (Traditional Chinese Medicine), and intravenous immunoglobulins (Appendix 4). At study end (15 days),) two patients tested negative for COVID-19 and were subsequently discharged from the hospital and two patients remained hospitalized, one of whom still required mechanical ventilation (Appendix 4). In the larger case series<sup>56</sup>, 124 patients were treated with oseltamivir combined with antibiotic therapy in 89 patients and combined with glucocorticoids in 62 patients (Appendix 4). Over the course of the study, 34 patients treated with oseltamivir were admitted to the ICU, 17 of which required invasive mechanical ventilation. At study end (19 days),) 47 patients had been discharged and 6 patients died, all of whom had been admitted to ICU (Appendix 4).

#### **Ongoing human trials for COVID-19**

Four currently ongoing randomized controlled trials proposing to test treatments for COVID-19 were identified through keyword searches of clinicaltrials.gov. All four trials are being carried out in China, three are investigating antiviral medications (lopinavir/ritonavir, arbidol (umifenovir), darunavir, cobicstat, and, ASC09/ritonavir) and one trial is investigating a combination of lopinavir/ritonavir with Traditional Chinese Medicines (TCM). At the time of this writing two of the trials have started recruiting patients (further details in Table 3).

| Author, Year<br>Country<br>NCT ID  | Status<br>Estimated Enrollment<br>Estimated completion     | Eligibility Criteria (age; diagnosis)<br>Interventions   |
|------------------------------------|--|--|
| Li, 2020<br>China<br>NCT04252885   | Recruiting<br>125 participants<br>July 31, 2020            | Adult (18-80 yrs); lab-confirmed infection<br>Group A: standard treatment + lopinavir/ritonavir<br>Group B; standard treatment + arbidol (umifenovir)<br>Group C: standard treatment |
| Lu, 2020<br>China<br>NCT04252274   | Not yet recruiting<br>30 participants<br>December 31, 2020 | All ages; National Health Commission diagnostic criteria<br>Intervention: Darunavir, Cobicistat + conventional<br>treatments<br>Comparator: Conventional treatments                  |
| Qiu, 2020<br>China<br>NCT04261907  | Not yet recruiting<br>160 participants<br>June 30, 2020    | Adult (18-75 yrs); lab-confirmed infection<br>Intervention: ASC09/ritonavir + conventional treatment<br>Comparator: lopinavir/ritonavir + conventional treatment                     |
| Xiao, 2020<br>China<br>NCT04251871 | Recruiting<br>150 participants<br>January 22, 2021         | Youth/Adult (14-80 yrs); lab-confirmed infection<br>Intervention: TCM + conventional medicines**<br>Comparator: Conventional medicines**   |

Table 3: Details of ongoing COVID-19 trials

\*\*Conventional medicines includes: oxygen therapy, antiviral therapy (alfa interferon via aerosol inhalation, and lopinavir/ritonavir, 400mg/100mg, p.o, bid)

#### **Effectiveness Outcomes**

#### **Infection Prevention**

One of the included trials<sup>7</sup> examined the effectiveness of ribavirin combined with lopinavir/ritonavir compared to no treatment as a prophylactic measure for healthcare workers highly exposed to MERS through unprotected exposure to a patient with pneumonia later





confirmed to be caused by MERS-CoV. None of the subjects in the prophylaxis arm (ribavirin/lopinavir/ritonavir) developed MERS while 6 subjects in the control arm were infected with MERS as confirmed by rPT-PCR testing. The risk of infection was statistically significantly lower in the prophylaxis arm (adjusted odds ratio: 0.405, 95% CI 0.274 to 0.599, p=0.009; Appendix 4).

#### **ICU Admission**

Of the 21 studies reporting this outcome, one was a randomized trial<sup>6</sup> comparing ribavirin supplemented with hydrocortisone to ribavirin alone; three were cohort studies<sup>14,15,17</sup> comparing oseltamivir to steroid treatment alone, ribavirin with continuous steroid treatment to ribavirin with high-dose 'pulse' steroids, and ribavirin to steroid and/or antibiotic treatment; three were retrospective studies<sup>19,20,25</sup> examining the effectiveness of ribavirin and oseltamivir alone or in combination with other drugs; and 14 were case reports/series<sup>33,34,37,40,42,44,45,47,50,51,53,55-57</sup> examining ribavirin, oseltamivir, lopinavir/ritonavir alone or in combination with steroids or antibiotics. None of the trials, cohorts, or retrospective studies demonstrated statistically significant results between any of the comparisons (i.e., in favour of or against the effectiveness of ribavirin, oseltamivir or lopinavir/ritonavir) in reducing the risk of ICU admission for patients with SARS or MERS. The case reports and series were similarly inconclusive, none of the study authors reported a particular advantage for patients with COVID-19, SARS, or MERS treated with ribavirin, oseltamivir, or lopinavir/ritonavir.

#### **Special populations**

One case series<sup>45</sup> included 4 patients with hematological malignancies that acquired MERS infections. The patients were all treated with oseltamivir and one patient required admission to the ICU due to worsening symptoms. One case report<sup>34</sup> of a pregnant woman with MERS described initially attempting treatment with antibiotics but the patient did not respond and was transferred to ICU where antiviral treatments were initiated but the patient continued to deteriorate and died. In a case series<sup>36</sup> of 4 pediatric patients with SARS, all 4 were treated with ribavirin and 2 patients required mechanical ventilation during the course of their illness.

#### Mortality

Mortality was reported in two of the included trials (ribavirin), all 10 cohort studies (ribavirin, lopinavir/ritonavir, oseltamivir), all seven retrospective studies (ribavirin, lopinavir/ritonavir, oseltamivir), and 21 case reports or case series (ribavirin, oseltamivir, lopinavir/ritonavir). The comparative studies (trials and cohorts) failed to find statistically significant results indicating that none of the antivirals they examined were effective in reducing mortality for SARS or MERS. One cohort study<sup>10</sup> of MERS patients found that treatment with ribavirin and interferons significantly increased 90-day mortality risk (adjusted odds ratio: 2.27, 95% CI 1.20-4.32). The patients in this cohort were generally older (median age 57 (IQR 47-70)) and had a number of underlying chronic conditions including diabetes, cardiovascular disease, chronic lung, renal, or liver disease and malignancy including leukemia or lymphoma which may in part explain the increased risk. One retrospective study<sup>20</sup> of SARS patients found the 21-day mortality rate was significantly higher in a cohort of patients treated with ribavirin compared to matched historical controls (6.5%, 95% CI 1.9% to 11.8%). Patients in this study were largely middle aged (34 to 57 years of age); however a large proportion of patients that died (approximately 80%) had underlying conditions such as diabetes or cancer.





The two case series<sup>56,57</sup> and one case report<sup>35</sup> that included patients with COVID-19 that used Remdesivir (1 patient), lopinavir/ritonavir (4 cases) and oseltamivir (124 cases) reported 6 deaths in the cohort treated with oseltamivir.

#### **Special Populations**

The four cases reports/series<sup>29,45,46,48</sup> that included immunosuppressed patients with MERS (5 patients) and unspecified coronavirus (2 patients) reported 3 deaths all in patients with hematological malignancies treated with foscarnet (n=1) and oseltamivir (n=2). One patient with HIV and 2 patients with hematological malignancies that acquired MERS were treated with ribavirin and oseltamivir respectively and survived after being hospitalized for their illness (38 and 28 days respectively). The case report<sup>34</sup> of a pregnant woman with MERS treated with oseltamivir and later ribavirin succumbed to septic shock 8 days after admission to hospital. The two case series<sup>31,36</sup> that included pediatric patients treated with ribavirin reported no mortality at study end.

#### **Safety Outcomes**

#### **Adverse Events**

One of the included trials<sup>7</sup>, seven of the cohort studies<sup>9-11,13-15,17</sup>, three of the retrospective studies<sup>20,21,25</sup>, and seven case reports/series<sup>28,38,39,42,43,50,51</sup> reported treatment related adverse events while two retrospective studies and three case reports/series reported that no treatment related adverse events occurred. In the trial<sup>7</sup> examining the effectiveness of ribavirin/lopinavir/ritonavir compared to no treatment as a prophylactic measure for healthcare workers, treatment-related adverse events were widely reported in the prophylaxis arm, including: GI symptoms (diarrhea n=9, nausea n=9, stomatitis n=4), anemia (n=9), leucopenia (n=8) and hyperbilirubinemia (n=20). All adverse effects occurred during prophylactic therapy and resolved shortly after conclusion of treatment with no further intervention. Overall, the most commonly reported adverse events were anemia (n=12 studies) and altered liver function (n=5 studies) in patients treated with ribavirin. Other treatment related adverse events included gastrointestinal symptoms (e.g., nausea, vomiting), changes in kidney function, cardiac events (e.g., bradycardia, atrial fibrillation), hyperglycemia, and changes in mental status (e.g., confusion, anxiety). It should be noted however, that in the studies reporting cardiac adverse events, hyperglycemia, and mental status changes patients were receiving steroids as well as ribavirin.

#### **Special Populations**

None of the studies that included special populations reported treatment-related adverse events.

#### DISCUSSION

The Public Health Agency of Canada commissioned a rapid review to address the urgent question of the effectiveness and safety of antiviral or antibody therapies in the treatment of coronavirus. A comprehensive literature search of both electronic databases and grey literature sources resulted in 54 studies of various antiviral treatments in patients diagnosed with COVID-





19, SARS, or MERS; however, no animal or human studies of monoclonal antibodies could be found.

Overall the results of the included studies proved inconclusive on the effectiveness of antiviral drugs in treating coronavirus infections and prevent any particular treatments from being recommended for use. There is a low quality of available evidence that largely consists of case reports and case series, with few observational studies, and even fewer trials. There were however important safety signals identified in the included studies, particularly the possible development of anemia and altered liver function in patients receiving ribavirin treatment. It is similarly difficult to recommend a particular antiviral drug as a promising candidate for further investigation due to the variable quality and inconclusive results of the current evidence. This review does show however that the existing body of evidence is weighted heavily towards studies of ribavirin which has shown no particular efficacy in treating coronavirus and may in fact cause harmful adverse effects. Future investigations into potential antiviral therapies for coronavirus may be best served by pointing their attention to other drug candidates.

There are several limitations to the review methods employed here, single screening and abstraction for example, however they were selected to thoughtfully tailor our methods according to our knowledge user needs and the urgent nature of the request to provide timely results.

#### CONCLUSIONS

The current evidence for the effectiveness of antiviral therapies for coronavirus is not conclusive and suffers from a lack of well-designed prospective trials or observational studies. None of the interventions examined in this review can be recommended for use in patients with coronavirus. Similarly, no firm recommendations can be made for or against these interventions from a safety perspective due to a lack of conclusive evidence. Some important safety signals potentially related to ribavirin use were identified (anemia, altered liver function) but also require further investigation to clarify their relation to the drug.





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### **APPENDIX 1 – Search Strategies**

#### **MEDLINE Search Strategy**

1 coronaviridae infections/ or coronavirus infections/ or severe acute respiratory syndrome/ or SARS Virus/

2 (coronavirus\* or corona virus\* or mers or middle east respiratory syndrome\* or Severe Acute Respiratory Syndrome\* or SARS or CoV or SARS-CoV or MERS-CoV or 2019nCoV).tw,kf.

- 3 or/1-2
- 4 dt.fs.
- 5 exp Antiviral Agents/
- 6 (antiviral or anti-viral or anti viral).tw,kf.
- 7 (neuraminidase adj2 inhibitor).tw,kf.
- 8 Remdesivir.tw,kf.

9 (oseltamivir or Tamiflu or peramivir or Rapivab or zanamivir or Relenza or ribavirin or Ibavyr).tw,kf.

- 10 (matrix adj3 inhibitors).tw,kf.
- 11 exp DNA-Directed RNA Polymerases/
- 12 RNA polymerase inhibitors.tw,kf.
- 13 Rimantadine/
- 14 Rimantadine.tw,kf.
- 15 acyclic guanosine analogues.tw,kf.
- 16 Acyclovir/
- 17 Acyclovir.tw,kf.
- 18 acyclic nucleoside phosphonate analogues.tw,kf.
- 19 Cidofovir/
- 20 (diphosphate or Cidofovir).tw,kf.
- 21 Diphosphonates/
- 22 pyrophosphate analogues.tw,kf.
- 23 Foscarnet/
- 24 Foscarnet.tw,kf.
- 25 Oligonucleotides/
- 26 Fomivirsen.tw,kf.
- 27 Protease Inhibitors/

28 (boceprevir or telaprevir or lopinavir or ritonavir or darunavir or cobicistat or Prezcobix or indinavir or Crixivan or saquinavir or Invirase).tw,kf.

- 29 Integrase Inhibitors/
- 30 (raltegravir or elvitegravir or dolutegravir).tw,kf.
- 31 HIV Fusion Inhibitors/
- 32 (maraviroc or Celsentri).tw,kf.
- 33 Reverse Transcriptase Inhibitors/
- 34 nucleoside reverse transcriptase inhibitors.tw,kf.
- 35 (abacavir or Ziagen or emtricitabine or Emtriva or lamivudine or Epivir or tenofovir or Viread or zidovudine or azidothymidine or Retrovir).tw,kf.
- 36 nonnucleoside reverse transcriptase inhibitors.tw,kf.
- 37 (doravirine or Pifeltro or efavirenz or Sustiva or etravirine or Intelence or nevirapine or Viramune or rilpivirine or Edurant).tw.kf.
- 38 exp Interferon beta-1b/
- 39 (Betaseron or Extavia).tw,kf.
- 40 or/5-39





41 Antineoplastic Agents, Immunological/

42 (abciximab or Reopro or adalimumab or Humira or Amjevita or alefacept or Amevive or alemtuzumab or Campath or basiliximab or Simulect or belimumab or Benlysta or bezlotoxumab or Zinplava or canakinumab or Ilaris or certolizumab or Cimzia or cetuximab or Erbitux or daclizumab or Zenapax or Zinbryta or denosumab or Prolia OR, Xgeva or efalizumab or Raptiva or golimumab or Simponi or inflectra or Remicade or ipilimumab or Yervoy or ixekizumab or Taltz or natalizumab or Tysabri or nivolumab or Opdivo or olaratumab or Lartruvo or omalizumab or Xolair or palivizumab or Synagis or panitumumab or Vectibix or pembrolizumab or Keytruda or rituximab or Rituxan or tocilizumab or Actemra or trastuzumab or Herceptin or secukinumab or Cosentyx or ustekinumab or Stelara).tw,kf.

- 43 exp Antibodies, Monoclonal/
- 44 or/41-43
- 45 medical countermeasures/
- 46 (countermeasure\* or counter measure\*).tw,kf.
- 47 45 or 46
- 48 4 or 40 or 44 or 47
- 49 3 and 48
- 50 animals/ not humans/
- 51 49 not 50

## Grey Literature: ClinicalTrials.gov and GIDEON (Global Infectious Diseases and Epidemiology Network).

Keyword search terms: 2019-nCoV Coronavirus CoV – note: this one may pick up an unrelated drug name: COV155 SARS MERS Middle East Respiratory Syndrome Severe Acute Respiratory Syndrome



## **APPENDIX 2 – Potentially relevant articles not included in this review**

| First Author, Year  | Title   | Population | Article Type         |  |
|---|---|------------|----------------------|--|
| Literature Reviews, Meta-analysis, and Systematic Reviews |   |            |                      |  |
| Gao, 2020   | Machine intelligence design of 2019-nCoV drugs  | COVID-19   | Literature review    |  |
| Lu, 2020  | Drug treatment options for the 2019-new coronavirus (2019-nCoV)   | COVID-19   | Literature review    |  |
| Arabi, 2016   | The search for therapeutic options for Middle East Respiratory Syndrome (MERS)  | MERS       | Literature review    |  |
| Behzadi, 2019   | Overview of Current Therapeutics and Novel Candidates Against Influenza,<br>Respiratory Syncytial Virus, and Middle East Respiratory Syndrome<br>Coronavirus Infections | MERS       | Literature review    |  |
| Chong, 2015   | Antiviral Treatment Guidelines for Middle East Respiratory Syndrome   | MERS       | Literature review    |  |
| Khan, 2018  | Middle east respiratory syndrome (MERS): A systematic review  | MERS       | Systematic<br>review |  |
| Lee, 2015   | Current advances in the development of vaccines and therapeutic agents against MERS-coV   | MERS       | Literature review    |  |
| Li, 2015  | Clinical treatment and small molecular drugs for anti MERS-CoV: Research advances   | MERS       | Literature review    |  |
| Malik, 2016   | Middle east respiratory syndrome coronavirus: Current knowledge and future considerations   | MERS       | Literature review    |  |
| Milne-Price, 2014   | The emergence of the Middle East Respiratory Syndrome coronavirus   | MERS       | Literature review    |  |
| Mo, 2016  | A review of treatment modalities for Middle East Respiratory Syndrome   | MERS       | Literature review    |  |
| Momattin, 2013  | Therapeutic options for Middle East respiratory syndrome coronavirus (MERS-CoV)possible lessons from a systematic review of SARS-CoV therapy                            | MERS       | Systematic review    |  |
| Momattin, 2019  | A Systematic Review of therapeutic agents for the treatment of the Middle<br>East Respiratory Syndrome Coronavirus (MERS-CoV)   | MERS       | Systematic<br>review |  |
| Morra, 2018   | Clinical outcomes of current medical approaches for Middle East respiratory syndrome: A systematic review and meta-analysis   | MERS       | Systematic review    |  |
| Van Le, 2017  | Current medical treatment for middle east respiratory syndrome: A systematic review   | MERS       | Systematic<br>review |  |



| First Author, Year                                  | Title   | Population | Article Type          |
|---|---|------------|-----------------------|
| Zhou, 2019  | Advances in MERS-CoV Vaccines and Therapeutics Based on the Receptor-<br>Binding Domain   | MERS       | Literature review     |
| Aronin, 2004  | Severe acute respiratory syndrome   | SARS       | Literature review     |
| Barnard, 2011                                       | Recent developments in anti-severe acute respiratory syndrome coronavirus chemotherapy  | SARS       | Literature review     |
| Berger, 2004  | Severe acute respiratory syndrome (SARS)paradigm of an emerging viral infection   | SARS       | Literature review     |
| Centre for<br>Reviews and<br>Dissemination,<br>2015 | Effect of integrated traditional Chinese medicine and Western medicine on the treatment of severe acute respiratory syndrome: a meta-analysis (Structured abstract) | SARS       | Meta-analysis         |
| Centre for<br>Reviews and<br>Dissemination,<br>2015 | SARS: systematic review of treatment effects (Structured abstract)  | SARS       | Systematic review     |
| Chang, 2005   | Clinical findings, treatment and prognosis in patients with severe acute respiratory syndrome (SARS)  | SARS       | Literature review     |
| Cheng, 2004   | Medical treatment of viral pneumonia including SARS in immunocompetent adult  | SARS       | Literature review     |
| Cheng, 2007   | Severe acute respiratory syndrome coronavirus as an agent of emerging and reemerging infection  | SARS       | Literature review     |
| Cheng, 2013   | Clinical management and infection control of SARS: lessons learned  | SARS       | Literature review     |
| Cinatl, 2005  | Development of antiviral therapy for severe acute respiratory syndrome  | SARS       | Literature review     |
| Cleri, 2010   | Severe Acute Respiratory Syndrome (SARS)  | SARS       | Literature review     |
| Demmler, 2003                                       | Severe acute respiratory syndrome (SARS): a review of the history, epidemiology, prevention, and concerns for the future  | SARS       | Literature review     |
| File Jr, 2005                                       | Severe acute respiratory syndrome: Pertinent clinical characteristics and therapy   | SARS       | Literature review     |
| Fujii, 2004   | Current concepts in SARS treatment  | SARS       | Literature review     |
| Kawana, 2005  | Clinical and epidemiological review of SARS   | SARS       | Literature<br>review* |
| Lai, 2004   | Clinical, Laboratory, and Radiologic Manifestation of SARS  | SARS       | Literature review     |



| First Author, Year    | Title   | Population | Article Type          |
|-----------------------|---|------------|-----------------------|
| Lai, 2005             | Treatment of severe acute respiratory syndrome  | SARS       | Literature review     |
| Lapinsky, 2004        | Critical care lessons from severe acute respiratory syndrome  | SARS       | Literature review     |
| Liu, 2005             | Systematic review and meta-analysis on the integrative traditional Chinese and Western medicine in treating SARS  | SARS       | Systematic<br>review* |
| Liu, 2006             | Chinese herbs combined with Western medicine for severe acute respiratory syndrome (SARS)   | SARS       | Systematic review     |
| Mazzulli, 2004        | Severe acute respiratory syndrome: overview with an emphasis on the<br>Toronto experience   | SARS       | Literature review     |
| Nassiri, 2003         | Severe acute respiratory syndrome   | SARS       | Literature review     |
| Ng, 2004              | SARS in newborns and children   | SARS       | Literature review     |
| Nie, 2003             | Current status of severe acute respiratory syndrome in China  | SARS       | Literature review     |
| Oxford, 2005          | New antiviral drugs, vaccines and classic public health interventions against SARS coronavirus  | SARS       | Literature review     |
| Peetermans, 2004      | News viral respiratory infections   | SARS       | Literature<br>review* |
| Poutanen, 2004        | Severe acute respiratory syndrome: An update  | SARS       | Literature review     |
| Rainer, 2004          | Severe acute respiratory syndrome: clinical features, diagnosis, and management   | SARS       | Literature review     |
| Sheth, 2005           | Severe acute respiratory syndrome: Emergence of a new pandemic  | SARS       | Literature review     |
| Shuster, 2003         | Preventing Adverse Drug Events with Rounding Pharmacists; Adverse Drug<br>Events Involving COX-2 Inhibitors; Psoriasis Associated with Rofecoxib;<br>Adverse Events Seen with Ribavirn Therapy for SARS; Immediate<br>Hypersensitivity to Clavulanic Acid; Thrombocytopenia with Vancomycin | SARS       | Literature review     |
| Sirois, 2007          | Discovery of potent Anti-SARS-CoV M <sup>Pro</sup> inhibitors   | SARS       | Literature review     |
| Stockman, 2006        | SARS: systematic review of treatment effects  | SARS       | Systematic review     |
| Tsang, 2004           | Diagnosis and pharmacotherapy of severe acute respiratory syndrome: what have we learnt?  | SARS       | Literature review     |
| van Vonderen,<br>2003 | Ribavirin in the treatment of severe acute respiratory syndrome (SARS)  | SARS       | Literature review     |
| Vijayanand, 2004      | Severe acute respiratory syndrome (SARS): a review  | SARS       | Literature review     |



| First Author, Year   | Title  | Population             | Article Type          |
|----------------------|--|------------------------|-----------------------|
| Wong, 2003           | Severe acute respiratory syndrome (SARS): Epidemiology, diagnosis and management                     | SARS                   | Literature review     |
| Wong, 2008           | The management of coronavirus infections with particular reference to SARS                           | SARS                   | Literature review     |
| Wu, 2003             | Severe Acute Respiratory Syndrome (SARS)   | SARS                   | Literature<br>review* |
| Yazdanpanah,<br>2006 | Antiretroviral drugs in severe acute respiratory syndrome  | SARS                   | Literature<br>review* |
| Zhang, 2004          | Effect of integrated traditional Chinese and Western medicine on SARS: a review of clinical evidence | SARS                   | Systematic<br>review  |
| Zhaori, 2003         | Antiviral treatment of SARS: can we draw any conclusions?  | SARS                   | Literature review     |
| Al-Hazmi, 2016       | Challenges presented by MERS corona virus, and SARS corona virus to global health                    | SARS;<br>MERS          | Literature review     |
| Gao, 2016            | From SARS to MERS: evidence and speculation  | SARS;<br>MERS          | Literature<br>review* |
| Hilgenfeld, 2013     | From SARS to MERS: 10 years of research on highly pathogenic human coronaviruses                     | SARS;<br>MERS          | Literature review     |
| Blasi, 2003          | Winter and "atypical" respiratory infections. Italian  | General coronavirus    | Literature<br>review* |
| Flight, 2017         | The diagnosis and management of respiratory viral infections in cystic fibrosis                      | General coronavirus    | Literature review     |
| Luyt, 2011           | Virus-induced acute respiratory distress syndrome: epidemiology, management and outcome              | General coronavirus    | Literature<br>review* |
| Pujanandez, 2017     | Antiviral gets the jump on coronaviruses   | General<br>Coronavirus | Literature review     |
| Steele, 1988         | Antiviral agents for respiratory infections  | General<br>Coronavirus | Literature review     |
| Tong, 2009           | Therapies for coronaviruses. Part 2: Inhibitors of intracellular life cycle                          | General coronavirus    | Literature review     |
| Tong, 2009           | Therapies for coronaviruses. Part I of II viral entry inhibitors                                     | General<br>coronavirus | Literature review     |
|                      | Trials Registrations and Protocols   |                        |                       |
| Li, 2020             | A Randomized, Open-label, Controlled Study of the Efficacy of Lopinavir                              | COVID-19               | Trial registration    |



| First Author, Year  | Title  | Population | Article Type       |
|---|--|------------|--------------------|
|   | Plus Ritonavir and Arbidol for Treating With Patients With Novel Coronavirus<br>Infection [NCT04252885]  |            |                    |
| Lu, 2020  | Efficacy and Safety of Darunavir and Cobicistat for Treatment of Pneumonia Caused by 2019-nCoV [NCT04252274]   | COVID-19   | Trial registration |
| Qiu, 2020   | A Randomized, Open-label, Multi-centre Clinical Trial Evaluating and<br>Comparing the Safety and Efficiency of ASC09/Ritonavir and<br>Lopinavir/Ritonavir for Confirmed Cases of Pneumonia Caused by Novel<br>Coronavirus Infection [NCT04261907]    | COVID-19   | Trial registration |
| Xiao, 2020  | Effects of Traditional Chinese Medicines (TCMs) on Patients With 2019-<br>nCoV Infection: A Perspective, Open-labeled, Randomized, Controlled Trial<br>[NCT04251871]   | COVID-19   | Trial registration |
| Arabi, 2016   | MERS-CoV Infection tReated With A Combination of Lopinavir /Ritonavir and<br>Interferon Beta-1b: a Multicenter, Placebo-controlled, Double-blind<br>Randomized Trial [NCT02845843]   | MERS       | Trial registration |
| Arabi, 2018   | Treatment of Middle East Respiratory Syndrome with a combination of lopinavir-ritonavir and interferon-beta1b (MIRACLE trial): study protocol for a randomized controlled trial  | MERS       | Protocol           |
| Arabi, 2020   | Treatment of Middle East respiratory syndrome with a combination of lopinavir/ritonavir and interferon-beta1b (MIRACLE trial): statistical analysis plan for a recursive two-stage group sequential randomized controlled trial                      | MERS       | Protocol           |
| Davey, 2016   | A Phase 1, Randomized Double-Blind, Placebo-Controlled, Single Ascending Dose Safety, Tolerability, and Pharmacokinetics Study of SAB-301 in Healthy Adults [NCT02788188]  | MERS       | Trial registration |
| National Institute<br>of Allergy and<br>Infectious<br>Diseases (NIAID),<br>2017 | A Phase I Trial to Evaluate the Safety, Tolerability, Pharmacokinetics and<br>Immunogenicity of Co-administered MERS-CoV Antibodies REGN3048 and<br>REGN3051 vs. Placebo in Healthy Adults [NCT03301090]   | MERS       | Trial registration |
| Tong, 2005  | A Randomized, Dose-ranging Study of Alferon® LDO ]Low Dose Oral<br>Interferon Alfa-n3 (Human Leukocyte Derived)] in Normal Volunteers and/or<br>Asymptomatic Subjects With Exposure to a Person Known to Have SARS or<br>Possible SARS [NCT00215826] | SARS       | Trial registration |



| First Author, Year | Title   | Population | Article Type                |
|--------------------|---|------------|-----------------------------|
| Yu, 2007           | A Multi-centre, Double-blinded, Randomized, Placebo-controlled Trial on the Efficacy and Safety of Lopinavir / Ritonavir Plus Ribavirin in the Treatment of Severe Acute Respiratory Syndrome [NCT00578825] | SARS       | Trial registration          |
| Yu, 2008           | A protocol for a multi-centre, double blinded, randomised, placebo-controlled trial on the efficacy and safety of lopinavir/ritonavir plus ribavirin in the treatment of severe acute respiratory syndrome  | SARS       | Protocol                    |
|                    | Full-text Unavailable and Non-English Articles  |            | -                           |
| Albarrak, 2012     | Recovery from severe novel coronavirus infection  | MERS       | Unavailable                 |
| Khalid, 2015       | Ribavirin and interferon-alpha2b as primary and preventive treatment for<br>Middle East respiratory syndrome coronavirus: a preliminary report of two<br>cases  | MERS       | Unavailable                 |
| Kim, 2016          | Combination therapy with lopinavir/ritonavir, ribavirin and interferon-alpha for Middle East respiratory syndrome   | MERS       | Unavailable                 |
| Ling, 2015         | Clinical analysis of the first patient with imported Middle East respiratory syndrome in China  | MERS       | Unavailable/Non-<br>English |
| Luo, 2015          | The therapeutic effect of high flow nasal cannula oxygen therapy for the first imported case of Middle East respiratory syndrome to China   | MERS       | Unavailable/Non-<br>English |
| Nau, 2013          | Emergency treatment for Middle Eastern coronaviruses (MERS-CoV)   | MERS       | Non-English                 |
| Cao, 2003          | Clinical diagnosis, treatment and prognosis of elderly SARS patients  | SARS       | Unavailable/Non-<br>English |
| Chan, 2004         | Clinical manifestations of two cases with severe acute respiratory syndrome (SARS) in I-Lan County  | SARS       | Unavailable                 |
| Feldt, 2003        | SARSthe facts. Transmission, diagnosis and managing suspected cases   | SARS       | Unavailable/Non-<br>English |
| Fu, 2003           | Analysis of therapeutic effect on treatment of SARS by Chinese Medicine in combination with Western Medicine of 253 cases   | SARS       | Non-English                 |
| Gao, 2003          | Clinical investigation of outbreak of nosocomial severe acute respiratory syndrome  | SARS       | Unavailable/Non-<br>English |
| Hoheisel, 2003     | Severe acute respiratory syndrome (SARS)  | SARS       | Non-English                 |
| Hou, 2004          | Integrated traditional Chinese and western medicine for 34 patients with severe SARS  | SARS       | Unavailable                 |
| Hsiao, 2004        | Clinicopathology of severe acute respiratory syndrome: an autopsy case  | SARS       | Unavailable                 |



| First Author, Year | Title  | Population | Article Type                |
|--------------------|--|------------|-----------------------------|
|                    | report   |            |                             |
| Huang, 2004        | Clinical observation on curative effect of treating SARS with the combination of traditional Chinese and Western therapy   | SARS       | Unavailable                 |
| Kanra, 2003        | Severe acute respiratory syndrome (SARS)   | SARS       | Unavailable/Non-<br>English |
| Li, 2003           | Changes of liver function in 48 patients with SARS and treatment of<br>integrative traditional Chinese and Western medicine  | SARS       | Unavailable                 |
| Li, 2003           | Clinical features of 77 patients with severe acute respiratory syndrome  | SARS       | Unavailable/Non-<br>English |
| Li, 2003           | Clinical observation of 40 cases of SARS in the restoration stage treated by an integrated therapy of tcm and western medicine   | SARS       | Unavailable                 |
| Li, 2004           | Clinical study on treatment of severe acute respiratory syndrome with integrative Chinese and Western medicine approach  | SARS       | Unavailable/Non-<br>English |
| Liu, 2003          | Clinical features and therapy of 106 cases of severe acute respiratory syndrome  | SARS       | Non-English                 |
| Liu, 2003          | Quality of randomized controlled trials of traditional Chinese medicine integrated with Western medicine for severe acute respiratory syndrome   | SARS       | Unavailable                 |
| Lin, 2003          | Clinical observation on 103 patients of severe acute respiratory syndrome treated by integrative traditional Chinese and Western Medicine  | SARS       | Unavailable/Non-<br>English |
| MacKay, 2005       | Adverse drug reactions associated with the use of ribavirin in the treatment of severe acute respiratory syndrome (SARS)   | SARS       | Unavailable                 |
| Marraro, 2003      | Severe Acute Respiratory Syndrome (SARS)   | SARS       | Unavailable/Non-<br>English |
| Ren, 2004          | Clinical study on treatment of severe acute respiratory syndrome by<br>integrative Chinese and Western medicine  | SARS       | Unavailable/Non-<br>English |
| Rickerts, 2003     | [Clinical presentation and management of the severe acute respiratory syndrome (SARS)]   | SARS       | Non-English                 |
| Shi, 2010          | Study on the changing regularity of special antibody and expression of stomach and enteric involvement on SARS-coronavirus infection in the recovery period of severe acute respiratory syndrome | SARS       | Unavailable/Non-<br>English |
| Tan, 2003          | Radiographic features of a case of severe acute respiratory syndrome with fatal outcome  | SARS       | Unavailable                 |



| First Author, Year | Title  | Population          | Article Type                |
|--------------------|--|---------------------|-----------------------------|
| Wang, 2003         | Preliminary study on clinical efficacy of integrative Chinese and western medicine in treating severe acute respiratory syndrome (SARS)            | SARS                | Unavailable/Non-<br>English |
| Wu, 2003           | Clinical observation on treatment of 40 SARS uncertain patients with<br>integrative traditional Chinese and Western medicine                       | SARS                | Non-English                 |
| Wu, 2004           | Comparison of clinical features of severe acute respiratory syndrome among different transmission generations                                      | SARS                | Unavailable/Non-<br>English |
| Xu, 2003           | Clinical therapy of severe acute respiratory syndrome: 38 cases retrospective analysis   | SARS                | Unavailable/Non-<br>English |
| Xu, 2003           | Clinical analysis of patients with severe acute respiratory syndrome in Beijing area   | SARS                | Unavailable/Non-<br>English |
| Zhang, 2003        | Clinical observation of 65 SARS cases treated with a combination of TCM and western-style therapies  | SARS                | Unavailable                 |
| Zhang, 2003        | Controlled clinical study on 49 patients of SARS treated by integrative<br>Chinese and Western medicine  | SARS                | Unavailable/Non-<br>English |
| Zhang, 2004        | Clinical study of integrated Chinese and western medicien for quality of life improvements of SARS patients on recovery stage                      | SARS                | Unavailable                 |
| Zhao, 2003         | Randomized control study of integrated traditional Chinese and western medicine in treatment of 77 patients with severe acute respiratory syndrome | SARS                | Unavailable                 |
| Zhou, 2003         | [Epidemiologic features, clinical diagnosis and therapy of first cluster of patients with severe acute respiratory syndrome in Beijing area]       | SARS                | Non-English                 |
| Vabret, 2005       | Human coronaroviruses  | General coronavirus | Non-English                 |

\*Non-English articles



## **APPENDIX 3 – Detailed Table of Study and Patient Characteristics**

| Author, Year;<br>Country of<br>Conduct       | Study Period, Setting   | Diagnosis,<br>Diagnostic Criteria                                     | Age (variance),<br>Sample Size,<br>% Female, % Male  | Co-morbidities  |  |  |
|--|---|---|--|---|--|--|
|  | Controlled Trials n=3   |   |  |   |  |  |
| <b>Lee, 2004</b> <sup>6</sup><br>China       | Apr 2003 to May 2003,<br>Hong Kong  | SARS,<br>Lab-confirmed  | Median (range): 34 (22-<br>57),<br>N = 16,<br>Females: NR, Males: NR   | None reported   |  |  |
| <b>Zhao, 2003</b> <sup>8</sup><br>China      | NR,<br>Eighth Municipal<br>People's Hospital of<br>Guangzhou; Second<br>and Third Affiliated<br>Hospitals of Sun Yet-<br>San Medical University | SARS,<br>Probable/suspected   | Group A [mean (SD)]: 33.6<br>(13.9)<br>Group B: 32.4 (12.4)<br>Group C: 32.5 (12.1);<br>Group D: 30.5 (12.3)<br>N = 190,<br>Females: 65, Males: 35 | None reported   |  |  |
| <b>Park, 2019<sup>7</sup></b><br>South Korea | NR,<br>5 hospitals of South<br>Korea  | Prophylaxis (MERS),<br>Lab-confirmed                                  | Median (IQR): 29 (24-33),<br>N = 43,<br>Females: 65.1, Males: NR   | None reported   |  |  |
|  |   | Cohort S  | tudies n=10  |   |  |  |
| <b>Chan, 2003<sup>11</sup></b><br>Hong Kong  | NR,<br>United Christian<br>Hospital, Princess<br>Margaret Hospital,<br>Tuen Mun Hospital,<br>and Caritas Medical<br>Centre                      | SARS,<br>Lab-confirmed  | NR (NR),<br>N= 1052,<br>Females: 81, Males: 19   | None reported   |  |  |
| <b>Chu, 2004</b> <sup>13</sup><br>Hong Kong  | Mar to Apr 2003<br>(recruitment);<br>21 day follow-up,<br>United Christian<br>Hospital and Caritas<br>Medical Centre                            | SARS,<br>WHO Criteria<br>(admission); 97.6% of<br>cases lab-confirmed | Mean (SD): 41.4 (14.8),<br>N = 152<br>Females: 62, Males: 38   | Active co-morbid condition, chronic hepatitis b infection |  |  |





| Author, Year;<br>Country of<br>Conduct            | Study Period, Setting  | Diagnosis,<br>Diagnostic Criteria                               | Age (variance),<br>Sample Size,<br>% Female, % Male  | Co-morbidities  |
|---|--|---|--|---|
| <b>Guo, 2019</b> <sup>14</sup><br>China           | 12 year follow-up,<br>Guangdong Provincial<br>Hospital                           | SARS,<br>Lab-confirmed  | Median (IQR): 33 (24-57),<br>N = 103,<br>Females:57, Males: 42.7   | Ischaemic heart disease, Pulmonary,<br>Diabetes, Malignancy,<br>Immunocompromising condition  |
| <b>Ho, 2003</b> ¹⁵<br>Hong Kong                   | Mar to Apr 2003,<br>Queen Mary and<br>Queen Elizabeth<br>Hospitals               | SARS,<br>WHO Criteria<br>(admission); 69/72 lab-<br>confirmed   | Median (IQR): 37 (23-82),<br>N = 72,<br>Females: 58, Males: 42   | Ischemic heart disease, malignancy, diabetes mellitus, other-unspecified  |
| Lau, 2009 <sup>16</sup><br>China and<br>Canada    | NR, Hong Kong and<br>Toronto   | SARS,<br>WHO Criteria;<br>Probable/suspected                    | NR (NR),<br>N = 1743 (probable); 191<br>(suspected),<br>Females: 56; 61, Males:<br>44; 39                  | None reported   |
| Leong, 2004 <sup>17</sup><br>Singapore            | Mar to Aug 2003,<br>Tan Tock Seng<br>Hospital                                    | SARS,<br>WHO Criteria<br>(admission);<br>32 cases lab-confirmed | Non-ribavirin [mean (SD)]:<br>42.6 (17.7)<br>Ribavirin: 34.4 (14.3),<br>N = 229,<br>Females: NR, Males: 32 | None reported   |
| <b>Li, 2006</b> <sup>18</sup><br>China            | Cohort, Apr to May<br>2003,<br>First Affiliated Hospital,<br>Tsinghua University | SARS,<br>WHO Criteria   | Mean (range): 36 (15-73),<br>N = 123,<br>Females: 50.4, Males: 49.6  | Hypertension, chronic obstructive<br>pulmonary disease (COPD) and asthma,<br>diabetes mellitus, and cerebrovascular<br>diseases   |
| Alkhadhairi,<br>2018 <sup>9</sup><br>Saudi Arabia | Sep 2013 to Jun 2017,<br>Hospital (unspecified)                                  | MERS,<br>Lab-confirmed  | NR (NR),<br>N = 113,<br>Females: NR, Males: NR   | None reported   |
| <b>Arabi, 2019<sup>10</sup></b><br>Saudi Arabia   | Sep 2010 to Jan 2018,<br>14 hospitals in 5 cities                                | MERS,<br>Lab-confirmed  | Treatment [median, (IQR)]:<br>57.5 (47-70)<br>Control: 58 (41-70)<br>N = 349,<br>Females: NR, Males: 69    | Diabetes with chronic complications;<br>asthma/chronic pulmonary disease;<br>moderate to severe liver disease; chronic<br>renal disease; chronic cardiac disease;<br>chronic neurological disease;<br>rheumatological disease; malignancy<br>including leukemia or lymphoma |



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| Author, Year;<br>Country of<br>Conduct                       | Study Period, Setting   | Diagnosis,<br>Diagnostic Criteria                   | Age (variance),<br>Sample Size,<br>% Female, % Male                    | Co-morbidities   |
|--|---|---|--|--|
| <b>Choi, 2016<sup>12</sup></b><br>Republic of<br>Korea       | May to July 2015,<br>Republic of Korea  | MERS,<br>Lab-confirmed                              | Median (range): 55 (16-<br>86),<br>N = 186,<br>Females: NR, Males: 60  | Hypertension, Diabetes, Solid organ<br>malignancy, Chronic lung disease, Chronic<br>heart disease, Cerebrovascular disease,<br>Chronic liver disease, Chronic kidney<br>disease, Hematologic malignancy                                |
|  |   | Retrospectiv  | ve Studies n=7   |  |
| <b>Booth, 2003<sup>20</sup></b><br>Canada                    | March to April 2003,<br>Hospitals in Toronto  | SARS,<br>Probable/suspected                         | Median (range): 45 (34 to<br>57)<br>N = 144<br>Females: 61%, Males: NR | Diabetes, cardiac disease, cancer, COPD, chronic renal failure   |
| <b>Chiou, 2005</b> <sup>21</sup><br>Taiwan                   | April to June 2003,<br>Mackay Memorial<br>Hospital and Chang<br>Gung Memorial<br>Hospital | SARS,<br>Lab-confirmed                              | Mean (SD): 38 (17.5),<br>N = 51,<br>Females: 74%, Males:<br>26%        | None reported  |
| <b>Liu, 2005<sup>24</sup></b><br>Taiwan                      | April to May 2003,<br>The Armed Forces<br>Sung-Shan Hospital                              | SARS,<br>WHO Criteria                               | Median (range): 37 (22-66)<br>N = 36<br>Females: 75%, Males:<br>25%    | Diabetes mellitus, cardiovascular disease,<br>ovarian teratoma, hydronephrosis, thyroid<br>disease, diabetes plus gallstones   |
| Muller, 2007 <sup>25</sup><br>Canada                         | February to July 2003,<br>Hospitals in Toronto  | SARS,<br>WHO Criteria with lab<br>confirmation      | NR<br>N = 306<br>Females: 63%, Males:<br>37%                           | None reported  |
| <b>Alhumaid,</b><br><b>2018<sup>19</sup></b><br>Saudi Arabia | April 2012 to<br>November 2016,<br>King Fahad Hofuf<br>Hospital                           | MERS,<br>Contact history (animal);<br>Lab-confirmed | NR,<br>N = 107,<br>Females: NR, Males:<br>69.1%                        | Chronic kidney disease, chronic heart<br>disease, chronic lung disease, liver<br>disease, diabetes, hypertension,<br>malignancy, obesity, immunosuppressive<br>therapies use, Immunocompromised<br>status, organ transplant, pregnancy |
| <b>Habib, 2019<sup>22</sup></b><br>Saudi Arabia              | 2014 to 2017,<br>Buraidah Central<br>Hospital   | MERS,<br>Lab-confirmed                              | Mean (SD): 59.7 (18.2)<br>N = 63<br>Females: 25%, Males:<br>75%        | Diabetes, hypertension, hepatitis C,<br>chronic renal diseases, and chronic heart<br>diseases  |





| Author, Year;<br>Country of<br>Conduct           | Study Period, Setting   | Diagnosis,<br>Diagnostic Criteria                       | Age (variance),<br>Sample Size,<br>% Female, % Male                             | Co-morbidities   |
|--|---|---|---|--|
| <b>Khalid, 2016<sup>23</sup></b><br>Saudi Arabia | April to May 2014,<br>King Faisal Specialist<br>Hospital and Research<br>Center | MERS,<br>Lab-confirmed                                  | Median (IQR): 54 (23-79)<br>N = 14,<br>Females: 36%, Males:<br>64%              | Hypertension, diabetes, respiratory<br>disease, obesity, congestive heart failure,<br>chronic kidney disease (no dialysis),<br>hemodialysis, ischemic heart disease,<br>receiving immunosuppressive medications,<br>stroke |
|  |   | Case Repor  | ts/Series n=34  |  |
| <b>Holshue, 2020</b> <sup>35</sup><br>USA        | January 1, 2020,<br>Providence Regional<br>Medical Center                       | COVID-19, Lab-<br>confirmed                             | Age: 35<br>N = 1,<br>Females: 0, Males: 100                                     | Hypertriglyceridemia   |
| <b>Wang, 2020a⁵</b><br>China                     | Jan 21 to Feb 4, 2020,<br>Shanghai Public<br>Health Clinical Center             | COVID-19, Lab-<br>confirmed                             | Ages: 19, 32, 62, 63<br>N = 4<br>Females: 25, Males: 75                         | Fatty liver  |
| <b>Wang, 2020b</b> <sup>56</sup><br>China        | Jan 1 to Feb 3, 2020,<br>Zhongnan Hospital of<br>Wuhan University               | COVID-19, WHO<br>Criteria (admission);<br>lab-confirmed | Median (range): 56 (42-68)<br>N = 138<br>Females: 45.7, Males: 54.3             | Hypertension; cardiovascular disease;<br>diabetes; malignancy; cerebrovascular<br>disease; COPD; chronic kidney disease;<br>chronic liver disease; HIV infection   |
| <b>Avendano,</b><br>2003 <sup>28</sup><br>Canada | March 23, 2003 (3<br>weeks),<br>West Park Healthcare<br>Centre                  | SARS, WHO Criteria                                      | Mean (SD, range): 42 (9,<br>27-63)<br>N = 14<br>Females: 78.57, Males:<br>21.43 | Mitral valve prolapse, type 2 diabetes<br>mellitus, hypertension, cancer of the<br>bladder, osteoporosis   |
| <b>Cheng, 2004<sup>31</sup></b><br>China         | March 2003 - May<br>2003,<br>Prince of Wales<br>Hospital                        | SARS, WHO Criteria                                      | Median (range): 11 (4<br>mos-17 yrs)<br>N = 13<br>Females: 30.8, Males: 69.2    | None reported  |
| Cheng, 2005 <sup>30</sup><br>Hong Kong           | May 2003, Prince of<br>Wales Hospital   | SARS, Lab-confirmed                                     | Age: 4 months,<br>N = 1,<br>Females: 100, Males: 0                              | None reported  |
| <b>Chiang, 2003<sup>32</sup></b><br>Taiwan       | April 20 to May 7,<br>2003, two hospitals at<br>Taipei City                     | SARS, WHO and CDC<br>Criteria                           | Ages: 26, 27, 36, 42<br>N = 4,<br>Females: 50, Males: 50                        | hepatitis B carrier, hyperthyroidism   |



| Author, Year;<br>Country of<br>Conduct           | Study Period, Setting  | Diagnosis,<br>Diagnostic Criteria                               | Age (variance),<br>Sample Size,<br>% Female, % Male                     | Co-morbidities  |
|--|--|---|---|---|
| <b>Gomersall,</b><br>2004 <sup>33</sup><br>China | Mar to Apr 2003,<br>Intensive care unit in a<br>tertiary referral<br>university hospital     | SARS,<br>CDC Criteria   | Mean (SD): 50 (16.90),<br>N = 54,<br>Females: 43, Males: 57             | None reported   |
| Hon, 2003 <sup>36</sup><br>Hong Kong             | March 13 to 28, 2003,<br>Prince of Wales and<br>Princess Margaret<br>Hospitals               | SARS, WHO Criteria  | Mean (range): 9.66 (1.5-<br>16.4),<br>N = 10,<br>Females: 80, Males: 20 | None reported   |
| Knowles, 2003 <sup>39</sup><br>Canada            | NR,<br>Hospitals in Toronto  | SARS,<br>Probable/suspected                                     | Mean (range): 46 (17-99),<br>N = 110,<br>Females: 65, Males: 35         | None reported   |
| <b>Kwan, 2004</b> ⁴⁰<br>Hong Kong                | NR, Hospital cluster in<br>Hong Kong   | SARS, Lab-confirmed   | Mean (range): 58 (34-74)<br>N = 12<br>Females: 50, Males: 50            | Diabetic nephropathy (end-stage renal<br>failure); IgA nephropathy; lupus nephritis;<br>hypertensive nephrosclerosis; renal failure<br>unknown cause                                |
| <b>Lam, 2004</b> ⁴¹<br>Hong Kong                 | March 17 2003 (28<br>days), Queen Mary<br>Hospital   | SARS, Lab-confirmed   | Age: 45<br>N = 1,<br>Females: 100, Males: 0                             | acute myeloid leukemia with successful allogeneic bone marrow transplantation   |
| <b>Lau, 2004<sup>42</sup></b><br>Hong Kong       | Mar 9 to Apr 28, 2003,<br>Pamela Youde<br>Nethersole Eastern<br>Hospital                     | SARS, WHO Criteria<br>(admission); 68/71<br>cases lab-confirmed | Mean (SD): 42.5 (14.8)<br>N = 71<br>Females: NR, Males: 38              | Diabetes mellitus, coronary artery disease,<br>hypertensive heart disease, chronic renal<br>impairment, asthma, epilepsy, psychiatric<br>disease, chronic hepatitis virus b carrier |
| <b>Lopez, 2004</b> <sup>44</sup><br>Hong Kong    | February to July 2003,<br>Chinese University of<br>Hong Kong and the<br>Hong Kong University | SARS, Hong Kong<br>Hospital Authority                           | Mean (range):36.25 (28-<br>47),<br>N = 4,<br>Females: 25, Males: 75     | None reported   |
| <b>Poutanen,</b><br>2003⁴7<br>Canada             | February to March<br>2003, First SARS<br>cases in Canada<br>(Toronto/Vancouver)              | SARS,<br>Probable/suspected                                     | Range: 24-78,<br>N = 10,<br>Females: 40, Males: 60                      | Type 2 diabetes mellitus, underlying pulmonary disease, history of smoking  |





| Author, Year;<br>Country of<br>Conduct       | Study Period, Setting  | Diagnosis,<br>Diagnostic Criteria                               | Age (variance),<br>Sample Size,<br>% Female, % Male                 | Co-morbidities   |
|--|--|---|---|--|
| <b>So, 2003<sup>49</sup></b><br>Hong Kong    | March 9 to March 29,<br>2003,<br>Pamela Youde<br>Nethersole Eastern<br>Hospital  | SARS, WHO Criteria  | Mean (SD): 39.6 (13.3)<br>N = 31<br>Females: NR, Males:<br>35.48    | Smokers, diabetes mellitus, hypertension, coronary artery disease  |
| <b>Sung, 2004</b> ⁵¹<br>Hong Kong            | Mar 11 to Jul 28, 2003,<br>Prince of Wales<br>Hospital   | SARS, Lab-confirmed   | Mean (SD): 39.3 (16.8)<br>N = 138<br>Females: 52, Males: 48         | None reported  |
| <b>Tang, 2003</b> <sup>52</sup><br>Hong Kong | March 31 to April 6<br>2003, Princess<br>Margaret Hospital   | SARS, Lab-confirmed   | Ages: 49 and 86,<br>N = 2,<br>Females: 0, Males: 100                | End-stage renal failure, diabetes mellitus,<br>hypertension, ischemic heart disease, a<br>history of cerebral infarction, thalassemia<br>minor               |
| <b>Tiwari, 2003</b> <sup>53</sup><br>China   | March 2003 - May<br>2003,<br>Queen Mary Hospital   | SARS, WHO Criteria  | Median (range): 38 (22 –<br>82)<br>N = 36<br>Females: 58, Males: 42 | None reported  |
| <b>Tsang, 2003</b> ⁵⁴<br>Hong Kong           | February 22, 2003 to<br>March 22, 2003,<br>Queen Mary Hospital,<br>Kwong Wah Hospital,<br>and Pamela Youde<br>Nethersole Eastern<br>Hospital | SARS, CDC Criteria;<br>Clinical criteria (chest<br>radiographs) | Mean (SD): 52.5 (11)<br>N = 10<br>Females: 50, Males: 50            | Hypertension, benign prostatic<br>hypertrophy, ischemic heart disease, type<br>2 diabetes mellitus, resected renal-cell<br>carcinoma of the right kidney     |
| <b>Tsui, 2003</b> ⁵⁵<br>China                | Apr 2003 - May 2003,<br>Princess Margaret<br>Hospital and Wong Tai<br>Sin Hospital   | SARS, Hong Kong<br>Hospital Authority<br>Criteria               | Median (range): 41 (18-83)<br>N = 323<br>Females: 60.7, Males: 39.3 | Hypertension, diabetes, chronic lung<br>disease, pregnancy, neurologic disease,<br>renal disease, cardiovascular disease,<br>immunologic disease, malignancy |
| <b>Wu, 2003<sup>59</sup></b><br>China        | Jan 30 to Mar 10,<br>2003,<br>The Second Affiliated<br>Hospital, Sun Yat-sen<br>University   | SARS,<br>Probable/suspected                                     | Mean (SD): 29.5 (10.3)<br>N = 96<br>Females: 79, Males: 21          | None reported  |





| Author, Year;<br>Country of<br>Conduct                         | Study Period, Setting  | Diagnosis,<br>Diagnostic Criteria                              | Age (variance),<br>Sample Size,<br>% Female, % Male                | Co-morbidities   |
|--|--|--|--|--|
| <b>Wong, 2003<sup>58</sup></b><br>Hong Kong                    | March 2003, Kwong<br>Wah Hospital  | SARS, WHO Criteria   | Mean (SD): 66.3 (13.5)<br>N = 11<br>Females: 100, Males: 0         | Renal failure, diabetes mellitus,<br>tuberculous lymphadenitis   |
| <b>Al-Tawfiq,</b><br>2013 <sup>27</sup><br>Saudi Arabia        | April - May 2013,<br>Saudi Aramco Medical<br>Services Organization                 | MERS, Lab-confirmed  | Median (range): 62 (24 –<br>81)<br>N = 5<br>Females: 40; Males: 60 | Chronic kidney disease, hypertension,<br>diabetes, asthma, obstructive sleep apnea,<br>coronary heart disease, atrial fibrillation,<br>end-stage renal disease           |
| <b>Al-Tawfiq,</b><br><b>2018</b> <sup>26</sup><br>Saudi Arabia | NR, Johns Hopkins<br>Aramco Healthcare   | MERS, Lab-confirmed  | Ages: 52, 53, 56<br>N = 3,<br>Females: 0, Males: 100               | Rheumatoid arthritis   |
| <b>Habib, 2015</b> <sup>34</sup><br>UAE                        | NR, Mafraq Hospital  | MERS, Lab-confirmed  | Age: 32,<br>N = 1,<br>Females: 100, Males: 0                       | Pregnancy (32 weeks)   |
| <b>Khalid, 2015<sup>37</sup></b><br>Saudi Arabia               | Apr to May 2014, King<br>Faisal Specialist<br>Hospital & Research<br>Center-Jeddah | MERS, Lab-confirmed  | Mean: 53<br>N = 14<br>Females: NR, Males: 16                       | None reported  |
| <b>Kim, 2016<sup>38</sup></b><br>Korea                         | NR, Pusan National<br>University Hospital  | MERS, Lab-confirmed  | Age: 54<br>N = 1,<br>Females 0% female, 100%<br>male               | None reported  |
| Lee, 2017 <sup>43</sup><br>South Korea                         | May 11 to June 28,<br>2015, The National<br>Medical Center                         | MERS, Clinical criteria<br>(blood tests, chest<br>radiographs) | Age: 68<br>N = 1,<br>Females: 0, Males: 100                        | hypertension, dyslipidemia, current heavy smoker   |
| <b>Motabi, 2016<sup>45</sup></b><br>Saudi Arabia               | March to May 2015,<br>King Fahad Medical<br>City                                   | MERS, Lab-confirmed  | Ages: 22, 62, 65, 76<br>N = 4<br>Females: 50, Males: 50            | Hematological malignancies; B symptoms<br>and huge organomegaly due to stage IV<br>DLBCL; Acute myeloid leukemia; IgA<br>kappa multiple myeloma with h/o HTN and<br>CKD) |
| <b>Shalhoub,</b><br><b>2014</b> <sup>48</sup><br>Saudi Arabia  | April – June 2014, King<br>Fahad Armed Forces<br>Hospital                          | MERS, Lab-confirmed  | Age: 51,<br>N = 1,<br>Females: 0, Males: 100                       | HIV infection  |





| Author, Year;<br>Country of<br>Conduct        | Study Period, Setting   | Diagnosis,<br>Diagnostic Criteria    | Age (variance),<br>Sample Size,<br>% Female, % Male | Co-morbidities   |
|---|---|--------------------------------------|---|--|
| <b>Spanakis, 2014</b> <sup>50</sup><br>Greece | NR, A tertiary care<br>centre and 'Sotiria'<br>Chest Diseases<br>Hospital of Athens | MERS, Lab-confirmed                  | Age: 69,<br>N = 1,<br>Females: 0, Males: 100        | None reported  |
| Bogdanov,<br>2017 <sup>29</sup><br>Germany    | NR, University Hospital of Essen  | Other coronavirus, Lab-<br>confirmed | Age: 30<br>N = 1,<br>Females: 0, Males: 100         | acute lymphoblastic leukemia, graft-<br>versus-host disease post bone marrow<br>transplant (grade 1) |
| <b>Oger, 2017</b> <sup>46</sup><br>France     | May 2013 - Oct 2015,<br>Hospital  | Other coronavirus, NR                | Age: 57<br>N = 1<br>NA                              | None reported  |

CDC – Centers for Disease Control; MERS – Middle East Respiratory Syndrome; SARS – Severe Acute Respiratory Syndrome; WHO – World Health Organization; SD – Standard Deviation; IQR – Interquartile Range; NR –Not Reported; NA –Not applicable



## **APPENDIX 4 – Detailed Table of Interventions and Outcomes**

| Author,<br>Year;<br>Diagnosis   | Drug therapy (sample size)<br>[dose, route of administration, frequency,<br>duration]   | Effectiveness Outcomes   | Safety Outcomes |
|---------------------------------|---|--|-----------------|
|                                 |   | ntrolled trials n=3  |                 |
| Lee, 2004 <sup>6</sup>          | Initial antibacterial therapy<br>Ribavirin (n=9)<br>[400 mg every eight hours, total of 12 days]<br>"Early Hydrocortisone (n=9)<br>[100mg every eight hours]    | ICU admission + ventilation and subsequent mortality: 1 patient  | NR              |
| SARS                            | Initial antibacterial therapy<br>Ribavirin (n=7)<br>[400 mg every eight hours, total of 12 days]<br>Placebo (n=7)<br>[5mg intravenous saline every eight hours] | ICU admission + ventilation: 0 patients<br>Mortality: 0 patients | NR              |
|                                 | Group A (n=40)<br>Ribavirin<br>[0.4–0.6 g, twice daily, intravenous]<br>Cefoperazone/sulbactam<br>[2.0 g, twice daily, intravenous]                             | Mortality: 2 patients  | NR              |
| Zhao, 2003 <sup>8</sup><br>SARS | Group B (n=30)<br>Fluoroquinolone plus azithromycin [0.4 g,<br>intravenous]<br>recombinant interferon-alpha (IFN-a)<br>[3 000 000 units, intramuscular]         | Mortality: 2 patients  | NR              |
|                                 | Group C (n=60)  | Mortality: 7 patients  | NR              |



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| Author,<br>Year;<br>Diagnosis                         | Drug therapy (sample size)<br>[dose, route of administration, frequency,<br>duration]  | Effectiveness Outcomes  | Safety Outcomes   |
|---|--|---|---|
|   | Quinolone plus azithromycin<br>[0.4 g, intravenous]  |   |   |
|   | Recombinant IFN-a<br>[3 000 000 units, intramuscular]  |   |   |
|   | Methylprednisolone (added when symptoms<br>worsened)<br>[80–160 mg per day for 2–3 days]   |   |   |
|   | Group D (n=60)<br>Levofloxacin<br>[0.2 g, twice daily, intravenous]<br>Azithromycin<br>[0.6 g, intravenous]<br>Recombinant IFN-a (n=45)<br>[3 000 000 units, intramuscular]<br>Methylprednisolone (added when symptoms<br>worsened)<br>[160–1000 mg per day depending on symptoms,<br>5-14 days] | Mortality: 0 patients   | NR  |
| Park,<br>2019 <sup>7**</sup><br>Prophylaxis<br>(MERS) | Ribavirin (n=22)<br>[loading dose 2000 mg; 1200 mg every 8 h for 4<br>days then 600 mg every 8 h for 6-8 days]<br>Lopinavir/ritonavir (n=22)<br>[administered orally; 400 mg/100 mg every 12 h<br>for 11-13 days]  | Confirmed infection with MERS-Cov: 0<br>patients<br>Risk of infection (prophylaxis v control):<br>Odds Ratio: 0.405,<br>95% CI: 0.274 to 0.599, p=0.009 | Diarrhea: 9 patients<br>Nausea: 9 patients<br>Stomatitis: 4 patients<br>Fever: 3 patients<br>Anemia: 9 patients<br>Lecuopenia: 8 patients<br>Hyperbilirubinemia: 20 patients<br>[all occurred during PEP therapy<br>and normalized upon conclusion of |



| Author,<br>Year;<br>Diagnosis       | Drug therapy (sample size)<br>[dose, route of administration, frequency,<br>duration]  | Effectiveness Outcomes                        | Safety Outcomes   |
|-------------------------------------|--|---|---|
|                                     |  |   | treatment]  |
|                                     | Control group (no treatment, n=21)   | Confirmed infection with MERS-Cov: 6 patients | NR  |
|                                     | Coh  | ort Studies (n=10)                            |   |
| Chan,<br>2003 <sup>11</sup><br>SARS | Ribavirin + lopinavir/ritonavir [sequential] (n=44)<br>Ribavirin<br>[10-14 days (2.4 g oral loading dose, followed by<br>1.2 g orally every 8 hours, or 8 mg/kg<br>intravenously every 8 hours]<br>Lopinavir/ritonavir<br>[400 mg/100 mg orally every 12 hours]<br>Corticosteroid therapy for<br>[21 days (starting dose: hydrocortisone 100-200<br>mg every 6-8 hours, or methylprednisolone 3<br>mg/kg/day]<br>Pulse methylprednisolone (rescue therapy)<br>[500-1000 mg daily, intravenously] | Crude death rate = 2.3%                       | Drug toxicity indicated by three-fold<br>rise in alanine aminotransferase:<br>9.1% (95% CI 0-18.2)    |
|                                     | Ribavirin + lopinavir/ritonavir [rescue therapy]<br>(n=31)<br>Ribavirin<br>[10-14 days (2.4 g oral loading dose, followed by<br>1.2 g orally every 8 hours, or 8 mg/kg<br>intravenously every 8 hours]<br>Pulse methylprednisolone (rescue therapy)<br>[500-1000 mg daily, intravenously]  | Crude death rate = 12.9%                      | Drug toxicity indicated by three-fold<br>rise in alanine aminotransferase:<br>25.8% (95% CI 9.7-41.9) |



| Author,<br>Year;<br>Diagnosis   | Drug therapy (sample size)<br>[dose, route of administration, frequency,<br>duration]   | Effectiveness Outcomes   | Safety Outcomes  |
|---------------------------------|---|--|--|
|                                 | If above treatments failed added as rescue<br>therapy:<br>Lopinavir/ritonavir<br>[400 mg/100 mg orally every 12 hours]  |  |  |
| Chu, 2004 <sup>13</sup><br>SARS | Lopinavir/ritonavir (n=41)<br>[400mg/100 mg orally every 12 hours for 14<br>days]   | 21-day mortality: 0 patients   | Gastrointestinal upset:<br>11 patients<br>Liver dysfunction:<br>7 patients<br>Headache: 6 patients<br>Blurred vision: 3 patients |
|                                 | Ribavirin (n=111)   | 21-day mortality: 7 patients   | NR   |
| Guo, 2019 <sup>14</sup>         | n = 34<br>Antibiotics<br>[penicillin, fluoroquinolone, or macrolides]<br>Oseltamivir<br>[oral, 75 mg, 2x a day for 5 days and 75 mg 1x a<br>day for another 7 days]   | ICU admission: 25 patients; oseltamivir<br>treatment was not found to be<br>associated with significantly better<br>outcomes (p>0.05, data not shown)<br>21-day mortality: 3 patients, (p=0.682) | Lung function abnormalities (post-<br>recovery): 7 patients  |
| SARS                            | n = 69<br>Antibiotics<br>[penicillin, fluoroquinolone, or macrolides]<br>Corticosteroids (if no response to antibiotics)<br>[intravenous, 50-500 mg/day, modifications were<br>made according to the needs of individual<br>patients] | ICU admission: 19 patients<br>21-day mortality: 4 patients   | Lung function abnormalities (post-<br>recovery): 7 patients  |
| Ho, 2003 <sup>15</sup><br>SARS  | N = 55<br>Ribavirin   | ICU admission: 11 patients, 5 needed mechanical ventilation  | Hemolytic anemia (1.5x increase in bilirubin): 16 patients   |



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| Author,<br>Year;<br>Diagnosis   | Drug therapy (sample size)<br>[dose, route of administration, frequency,<br>duration]  | Effectiveness Outcomes   | Safety Outcomes  |
|---------------------------------|--|--|--|
|                                 | <ul> <li>[8 mg/kg, intravenously three times a day for the 7 days and then orally at 1.2 g three times a day for altogether 10–14 days]</li> <li>'Non pulse steroid' hydrocortisone (n = 34)</li> <li>[2 mg/kg, intravenously four times a day or 4 mg/kg, intravenously three times a day for 3–5 days, followed by oral prednisolone at 2 mg/kg daily at reducing dosage]</li> <li>[or]</li> <li>Methylprednisolone (n = 21)</li> <li>2–3 mg/kg, intravenously once daily for 5 days, followed by oral prednisolone at 2 mg/kg daily at reducing dosage]</li> <li>45 patients received pulse steroids as rescue therapy</li> </ul> | Mortality: 3 patients; no statistical<br>difference between the PS group and<br>the NPS group in mortality during the 3<br>weeks of SARS treatment | Hyperglycemia (random blood<br>glucose ≥11 mmol/L): 18 patients<br>Serious secondary infection<br>(pyrexial or bacteremic): 2 patients<br>Hematemesis: 2 patients  |
|                                 | N = 17<br>Ribavirin<br>[8 mg/kg, intravenously three times a day for the<br>7 days and then orally at 1.2 g three times a day<br>for altogether 10–14 days]<br>Pulse methylprednisolone<br>[500 mg, intravenously once daily for 5–7 days<br>or 1 g, intravenously once daily for 3 days,<br>followed by maintenance oral prednisolone 50<br>mg two times a day reducing to 20–30 mg daily<br>on Day 21)]  | ICU admission: 1 patient that required mechanical ventilation<br>Mortality: 1 patient  | hemolytic anemia (1.5x increase in<br>bilirubin): 8 patients<br>Hyperglycemia (random blood<br>glucose ≥11 mmol/L): 0 patients<br>Serious secondary infection<br>(pyrexial or bacteremic): 1 patient<br>Hematemesis: 1 patient |
| Lau, 2009 <sup>16</sup><br>SARS | Hong Kong - Ribavirin (n = 202)<br>Toronto - Ribavirin (n = 107)   | Mortality [Hong Kong]: 18 patients<br>Mortality [Toronto]: 10 patients   | NR   |
|                                 | Hong Kong - Ribavirin, corticosteroids (n = 739)   | Mortality [Hong Kong]: 93 patients   | NR   |



Author, Year;

Diagnosis

Leong, 2004<sup>17</sup>

SARS

Li, 2006<sup>18</sup> SARS

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Ribavirin + Traditional Chinese Medicine (n =

In the combined treatment protocol, the herbal medication Herba houttuyniae injection was

|  | UNITY HEALTH TORONTO  | V N D O B A  |
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| Drug therapy (sample size)<br>[dose, route of administration, frequency,<br>duration]  | Effectiveness Outcomes  | Safety Outcomes  |
| Toronto - Ribavirin, corticosteroids (n = 39)Ribavirin treatment (n = 97)Oral ribavirin was dosed at 1.2 g three times a<br>day; intravenous ribavirin at 400 mg every 8 h<br>for sicker patients and those who could not take<br>it per os. Patients received ribavirin for 5.6 (2.5)<br>days on average; 21 patients received steroids,<br>84 received antibiotics | Mortality [Toronto]: 5 patients<br>ICU admission: 19 patients; no<br>significant difference in the proportion of<br>patients admitted to ICU between the 2<br>groups (p>0.999)<br>Mortality (n = 10): 10 patients;<br>Adjusted hazard ratio (ribavirin v<br>control): 1.03, 95% CI: 0.44–2.41, p =<br>0.939 | Myocardial injury: 3 patients,<br>occurred between admission till day<br>14 of illness<br>Anemia: 24 patients, occurred<br>between admission to day 14 if<br>illness |
| Control (n = 132)<br>17 patients received steroids (hydrocortisone,<br>prednisolone and/or methylprednisolone), 94<br>received antibiotics   | ICU/Critical care (n = 27) -<br>admission to ICU<br>Mortality (n = 17)  | Myocardial injury: 4 patients,<br>occurred between admission till day<br>14 of illness<br>Anemia: 27 patients, occurred<br>between admission to day 14 if<br>illness |
| Ribavirin (n = 63)<br>The Western Medicine protocol included oxygen<br>supplementation, hemofiltration, ribavirin,<br>antibacterials (azithromycin, cefuroxime,<br>metronidazole), and immunoregulation with<br>thymosin injection. Methylprednisolone,<br>prednisolone or dexamethasone was used when<br>clinically appropriate.                                    | Mortality: 7 patients   | NR   |

Mortality: 5 patients

NR





| Author,<br>Year;<br>Diagnosis          | Drug therapy (sample size)<br>[dose, route of administration, frequency,<br>duration]   | Effectiveness Outcomes  | Safety Outcomes  |
|--|---|---|--|
|  | employed together with the WM treatments.<br>When necessary, patients in this group also<br>received TCM decoctions such as the heat-<br>clearing and detoxifying prescription, the qi-<br>supplementing prescription, and the blood-<br>regulating prescription according to their ZHENG<br>conditions by consulting with the Chinese<br>herbalist from the China-Japan Friendship<br>Hospital |   |  |
| Alkhadhairi,<br>2018 <sup>9</sup>      | Oral ribavirin with PEGylated interferon α2a injection (n=49)   | Mortality: 24 patients (p=0.182)  | Mean rise in serum creatinine<br>(n = 49): 2.14 mg/dl<br>Mean rise in urea nitrogen (n = 49):<br>42 mg/dl  |
| MERS                                   | ERS   | Mortality: 23 patients  | Mean rise in serum creatinine (n =<br>64): 1.36 mg /dl<br>Mean rise in urea nitrogen (n = 64):<br>39 mg/dl |
| Arabi,<br>2019 <sup>10**</sup><br>MERS | Ribavirin/rIFN combination* (n = 117)<br>Ribavirin alone (n = 18)<br>rIFN alone* (n = 9);<br>*rIFNs used include: IFN- $\alpha$ 2a (n = 73), rIFN $\alpha$ -2b<br>(n = 22), rIFN- $\beta$ 1a (n = 31), rIFN- $\beta$ 1b (n = 0);<br>Additional therapies:<br>Corticosteroids (n = 86)   | Crude 90-day mortality: 106 patients<br>(p=0.02)<br>Risk of 90-day mortality (ribavirin/rIFN v<br>control)<br>adjusted odds ratio: 2.27, 95% CI 1.20–<br>4.32; p=0.01 | Required blood transfusions: 58 patients (p=0.02)  |
|  | Oseltamivir (n = 67)<br>Control (n=205)<br>Use of corticosteroids or oseltamivir only   | Crude 90-day mortality: 126 patients  | Required blood transfusions: 58 patients   |
| Choi, 2016 <sup>12</sup>               | Ribavirin; lopinavir/ritonavir; interferon (n = 112)  | Mortality: 20 patients  | NR   |
| MERS                                   | Ribavirin, interferon (n = 17)  | Mortality: 1 patient  | NR   |



| Author,<br>Year;<br>Diagnosis          | Drug therapy (sample size)<br>[dose, route of administration, frequency,<br>duration]  | Effectiveness Outcomes   | Safety Outcomes  |
|--|--|--|--|
|  | Ribavirin; lopinavir/ritonavir (n = 7)   | Mortality: 4 patients  | NR   |
|  | Ribavirin (n = 1)  | Mortality: 0 patients  | NR   |
|  | lopinavir/ritonavir (n = 1)  | Mortality: 0 patients  | NR   |
|  | Antivirals (unspecified), interferon (n = 138)   | Mortality: 25 patients   | NR   |
|  |  | pective Studies (n=7)  |  |
| Booth,<br>2003 <sup>20**</sup><br>SARS | Ribavirin (n=126/144)<br>[2g intravenous loading dose, 1g intravenous<br>every 6 hrs for 4 days, 500mg every 8 hrs for 3<br>days; median (IQR) treatment course: 6 days (5-<br>7)]   | ICU Admission: 29 patients<br>Mechanical ventilation in ICU: 20<br>patients<br>Mortality: 8 patients (all admitted to<br>ICU)<br>21-day mortality rate: 6.5% | Decreased hemoglobin levels: 71<br>patients<br>Hemolysis: 8 patients (all with<br>decreased hemoglobin)  |
|  | Antibiotic therapy (NR)<br>[NR]  | (95% CI 1.9%-11.8%)  | Bradycardia: 18 patients   |
| Chiou,<br>2005 <sup>21</sup><br>SARS   | Initial antibiotic therapy on admission for<br>pneumonia (n=53/53)<br>[IV cephalosporin or oral floroquinolone]<br>Ribavirin (n=44/53)<br>[2,000 mg stat, then 1,000-1,200 mg; 10-14<br>days]<br>IV methylprednisolone + oral prednisolone (if no<br>improvement on ribavirin; n=44/53)<br>[1mg/kg q8h for 5 days, 1mg/kg q12h for 5 days;<br>oral prednisolone tapered over 11 days]<br>Pulse methylprednisolone (rescue therapy;<br>n=24/53)<br>[500mg twice daily for 3 days] | Mortality: 5 patients  | Anemia: 32 out of 44 patients<br>receiving ribavirin, onset average 3<br>days after initiating treatment;<br>normalized after discontinuing<br>ribavirin |
| Liu, 2005 <sup>24</sup><br>SARS        | Initial antibiotic therapy (n=36/36)<br>macrolide or floroquinolone]<br>Ribavirin (n=35/36)<br>[loading dose 2 g, followed by 1–1.2 g/day for 10   | Mortality: 2 patients (both developed ARDS)  | None reported  |



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| Author,<br>Year;<br>Diagnosis           | Drug therapy (sample size)<br>[dose, route of administration, frequency,<br>duration]   | Effectiveness Outcomes  | Safety Outcomes  |
|---|---|---|--|
|   | <ul> <li>days (median; range, 3–18 days) within 0–7<br/>days (median, 1 day) of hospitalization]</li> <li>IV Immunoglobulin (n=22/36)<br/>[500 mg/kg/day for 2 days, treatment started a<br/>median of 6 days (range, 2–19 days) after,<br/>symptom onset]</li> <li>IV methylprednisolone (n=32/36)<br/>[2–4 mg/kg/day, treatment started a median of 4<br/>days (range, 1–10 days) after symptom onset]</li> </ul> |   | Discontinuation due to adverse<br>events: 28 patients [19 anemia or<br>hemolysis, 5 hepatitis or   |
| Muller,<br>2007 <sup>25**</sup><br>SARS | Ribavirin alone (n=90/306)<br>[83% of patients received first dose in 48 hours<br>of admission; mean ± SD total dose 23.3 ± 9.4<br>g, median treatment duration<br>7 days (IQR 5–9 days)]<br>Ribavirin with corticosteroids (n=93/306)<br>[NR]<br>Corticosteroids (n=81/306)<br>[NR]<br>No treatment (n=42/306)   | Mechanical ventilation: 27 patients<br>receiving ribavirin, 19 patients not<br>receiving ribavirin (p=0.88)<br>Mortality: 20 patients receiving ribavirin,<br>10 patients not receiving ribavirin<br>(p=0.42) | nemolysis, 5 nepatitis or<br>transaminitis, 1 bradycardia, 1 atrial<br>fibrillation, 1 nausea, 1 unspecified]<br>Risk of adverse events associated<br>with ribavirin (adjusted for steroid<br>use and infection severity)<br>[OR (99% CI),p-value]<br>Progressive anemia: 3.0 (1.5–6.1),<br><0.0001<br>Bradycardia: 2.3 (1.0–5.1), 0.007<br>Hypomagnesemia: 21 (5.8–73),<br><0.0001<br>Hypocalcemia: 1.8 (0.91–3.4), 0.028<br>Hepatitis, biochemical: 1.8 (0.74–<br>4.6), 0.08 |
| Alhumaid,<br>2018 <sup>19</sup><br>MERS | Oseltamivir (n=13/107)<br>Ribavirin (n=61/107)<br>Lopinavir/ritonavir (n=41/107)<br>Interferon (α1a,α2a, or (n=54/107)  | ICU Admission: 53 patients<br>Confirmed Pneumonia: 21 patients<br>Mortality: 54 patients  | NR   |



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| Author,<br>Year;<br>Diagnosis              | Drug therapy (sample size)<br>[dose, route of administration, frequency,<br>duration]   | Effectiveness Outcomes  | Safety Outcomes |
|  | Interferon- $\beta$ 1a (n=48/107)<br>Initial antibacterial therapy (n=107/107)<br>Glucocorticoids (n=24/107)<br>Immunoglobulin therapy (n=33/107)<br>Mycophenolate mofetil (n=22/107)<br>Convalescent Plasma (n=14/107)               |   |                 |
| Habib,<br>2019 <sup>22</sup><br>MERS       | Ribavirin and Interferon (n=61/63)  | Mortality: 14 patients receiving<br>combination therapy, 1 patient not<br>receiving therapy<br>Confirmed Pneumonia (on hospital<br>admission): 55 patients            | NR              |
| Khalid,<br>2016 <sup>23</sup><br>MERS      | Ribavirin and Interferon α2a (n=11/11)<br>Ribavirin dose adjusted based on creatinine<br>clearance, treatment started a median of 6 days<br>from symptom onset for a maximum of 2 weeks   | Mortality: 9 patients   | None reported   |
|  |   | Reports/Series n=34   |                 |
| Holshue,<br>2020 <sup>35</sup><br>COVID-19 | Remdesivir (was started day 7 (n=1))<br>Vancomycin (1750mg loading dose followed by<br>1g administered intravenously every 8 hours)<br>and cefepime (administered every 8 hours)<br>(n=1)<br>Vancomycin was discontinued the same day | Patient was still hospitalized at study<br>end but showing significant<br>improvement.  | NR              |
|  | Remdesivir was initiated and cefepime was discontinued the next day   |   |                 |
| Wang,<br>2020a <sup>57</sup><br>COVID-19   | Lopinavir/ritonavir (n=4)<br>[lopinavir 400 mg/ritonavir 100 mg, q12h, oral,<br>duration 6-15 days]<br>Additional treatments (n=4)<br>Arbidol [0.2 g, 3 times daily, oral]<br>Shufeng Jiedu Capsule [2.08, three times daily,         | At study end two patients were<br>confirmed COVID-19 negative and<br>discharged, two patients remained<br>hospitalized, one still requiring<br>mechanical ventilation | NR              |



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|                  |                  |  |

| Author,<br>Year;<br>Diagnosis            | Drug therapy (sample size)<br>[dose, route of administration, frequency,<br>duration]   | Effectiveness Outcomes   | Safety Outcomes  |
|--|---|--|--|
|  | oral]<br>antibiotic treatment [NR]<br>intravenous immunoglobulin [NR]   |  |  |
| Wang,<br>2020b <sup>56</sup><br>COVID-19 | Oseltamivir (n=124)<br>Antibacterial therapy (n=89)<br>[moxifloxacin, ceftriaxone, azithromycin]<br>Glucocorticoid therapy (n=62) [NR]  | 34 patients admitted to ICU, 17 of which<br>required invasive mechanical<br>ventilation. At study end 47 patients had<br>been discharged and 6 patients in ICU<br>died | NR   |
| Avendano,<br>2003 <sup>28</sup><br>SARS  | Ribavirin (n=14)<br>[IV, 2g (loading), then 1g every 6 hrs for 4days,<br>then 0.5g every 8 hrs for 3 days]<br>Levofloxacin (n=14)<br>[500 mg daily for 6 days]<br>methylprednisolone/prednisone (n=5)<br>[125 mg intravenously every 6 hours) for 1 to 2<br>days, followed by a tapering dose of prednisone<br>(40 mg)] | All patients improved clinically 15 days<br>after admission and were eventually<br>discharged home.  | All patients were treated with<br>ribavirin, and all patients received<br>levofloxacin. All patients<br>experienced a drop in hemoglobin.<br>Nine patients had hemolytic anemia. |
| Cheng,<br>2004 <sup>31</sup><br>SARS     | Ribavirin (n=13)<br>Oral ribavirin at a dose of 40 to 60 mg/kg per<br>day.<br>Oral prednisolone (0.5 to 1 mg/kg per day)<br>Intravenous ribavirin (20 mg/kg per day) and<br>pulse methylprednisolone (10 mg/kg per day for<br>2 to 3 days<br>Cephalosporin, macrolide, prednisone                                       | All recovered without sequelae (n=13)  | NR   |
| Cheng,<br>2005 <sup>30</sup><br>SARS     | Ribavirin (oral) 40 mg/kg/d for 10 days ( n=1)<br>Oral prednisolone (1 mg/kg/d for 14 days)   | Complete resolution according to CT of<br>the thorax performed 3 months after the<br>initial presentation  | NR   |



| Author,<br>Year;                      | Drug therapy (sample size)<br>[dose, route of administration, frequency,   | Effectiveness Outcomes   | Safety Outcomes |
|---------------------------------------|--|--|-----------------|
| Diagnosis                             | duration]  |  |                 |
|                                       |  |  |                 |
|                                       | Oxygen   |  |                 |
|                                       | Ribavirin (oral) 1000mg daily for 10 days (n=4)  |  |                 |
|                                       | Antibiotic - levofloxacin (n=4)  |  |                 |
| Chiang,<br>2003 <sup>32</sup><br>SARS | Intravenous immunoglobulin (IVIG:I<br>g/kg/day for 2 day) after onset of symptoms<br>(n=4)   | No mortality case was found in our<br>study, however,1 case complicated with<br>adult respiratory distress syndrome  | NR              |
|                                       | If severe hypoxia (Pa02 IFi02<200) occurred,<br>then methylprednisolone + mechanical<br>ventilation 2 mg/kg/day were given (n=1)   |  |                 |
| Gomersall,                            | N = 54<br>Broad-spectrum antibiotics (withdrawn if<br>bacterial infection could not be confirmed)<br>Ribavirin   | Study population consisted of 54<br>patients with SARS who required<br>admission to ICU. All were admitted for<br>respiratory failure  |                 |
| 2004 <sup>33</sup><br>SARS            | [8 mg/kg every 8 h intravenously for 7–10 days<br>followed by 4 mg/kg enterally for another 11–14<br>days]<br>Low-dose corticosteroids<br>Pulse methylprednisolone (rescue therapy)<br>[500 mg up to a total of 3g-5g] | Mortality: 28 days after ICU admission<br>34 patients (63%; 95% CI 49.6–74.6)<br>were alive and not mechanically<br>ventilated. 6 patients were alive but still<br>ventilated (11.3%; 95% CI 5.3–22.6)<br>and 14 died (25.9%; CI 16.1–38.9). | NR              |
| Hon 2003 <sup>36</sup><br>SARS        | Ribavirin (oral; 40mg/kg daily 1-2 doses)<br>If high fever ribavirin was administered through<br>IV (20mg/kg daily, 3 doses)(n=10);<br>Antibiotics (n=10)<br>Corticosteroids – prednisolone (0.5 mg/kg daily           | All patients required supplemental<br>oxygen and two patients were placed<br>on mechanical ventilation. All patients<br>were alive at study end.   | None reported   |



| Author,<br>Year;<br>Diagnosis          | Drug therapy (sample size)<br>[dose, route of administration, frequency,<br>duration]   | Effectiveness Outcomes  | Safety Outcomes   |
|--|---|---|---|
|  | at<br>Prince of Wales Hospital, and 2.0 mg/kg daily at<br>Princess<br>Margaret Hospital) (n=8)<br>Pulsed intravenous methylprednisolone (10-<br>20mg/kg) (n=1)  |   |   |
| Knowles,<br>2003 <sup>39</sup><br>SARS | Ribavirin (n = 110)<br>All patients received concurrent antibiotics after<br>the initial assessment, and 50% received<br>corticosteroids at some point during the course<br>of their illness  | NR  | Hemolytic anemia: 67 patients,<br>treated with transfusion of 1 U of<br>packed RBCs<br>Hypomagnesemia: 35 patients<br>Hypocalcemia: 36 patients |
| Kwan,<br>2004 <sup>40</sup><br>SARS    | Ribavirin (n=12)<br>Dose of ribavirin was half of that in patients with<br>normal renal function; Corticosteroids (oral<br>prednisolone, intravenous methylprednisolone,<br>hydrocortisone).<br>The average cumulative dose of hydrocortisone<br>or equivalent in the dialysis group was 11.1 g<br>(range, 2.5 to 41.1 g), which was similar to the<br>control<br>group (average, 17.8 g; range, 3.0 to 31.2 g).<br>2 patients received convalescence plasma, 1<br>received intravenous immunoglobulin, and one<br>received pentaglobulin | ICU admission (n=4)<br>Mortality (n=0)                              | NR  |
| Lam, 2004 <sup>41</sup><br>SARS        | Ribavirin (oral; 2,400 mg/day for 10 days) was commenced on day 14 (n=1)  | The patient was successfully discharged on Day 28, after altogether | NR  |



|                                      |  | *1  | VVB00+8   |
|--------------------------------------|--|---|---|
| Author,<br>Year;<br>Diagnosis        | Drug therapy (sample size)<br>[dose, route of administration, frequency,<br>duration]  | Effectiveness Outcomes  | Safety Outcomes   |
|                                      | Prednisolone (oral; 1mg/kg for 10 days; was<br>reduced to 20mg/day on day 21) commenced on<br>day 14 (n=1)<br>Antibiotics – cefepime (1g three times a day),   | 10 days of prednisolone and ribavirin treatment.  |   |
|                                      | imipenem and cilastatin (500mg four times a day<br>on Day 6 of admission) (n=1)<br>Clarithromycin (500mg twice a day was added to<br>her treatment on day 9 due to mild bilateral<br>infiltration in lower zones found in her chest<br>radiograph) (n=1)   |   |   |
| Lau, 2004 <sup>42</sup><br>SARS      | Ribavirin (n=71)<br>Ribavirin was given for 10–14 days as per<br>protocol at 400 mg every 8 h (1200 mg daily)<br>intravenously for at least 3 days (or until<br>stabilization), then 1200 mg twice daily (2400<br>mg daily) orally;<br>Antibiotics (levofloxacin or amoxicillin-clavulanic<br>acid+clarithromycin), corticosteroids<br>(methylprednisone+prednisolone), pulsed<br>steroids (methylprednisone),<br>Additional pulsed methylprednisolone 500 mg<br>twice daily intravenously for 2 days (total 2 g), | ICU (n=15/7)<br>Mortality (n=3)<br>Major sepsis due to ventilator<br>associated pneumonia (MRSA) with<br>acute respiratory distress syndrome<br>(n=1) | Hyperglycemia (n=71)<br>Pnuemomediastinum/thoraces<br>(n=71)<br>Acute confusion (n=71)<br>Anxiety/depression (n=71) |
| Lopez,<br>2004 <sup>44</sup><br>SARS | Ribavirin (IV) (n=4)<br>Corticosteroids (n=4)<br>Intubation + mechanical pressure controlled<br>ventilation (n=4)  | ICU admission: 4 patients transferred to<br>ICU<br>Mortality: One patient died within 15<br>days of hospitalization                                   | NR  |



| Author,<br>Year;<br>Diagnosis           | Drug therapy (sample size)<br>[dose, route of administration, frequency,<br>duration]  | Effectiveness Outcomes  | Safety Outcomes   |
|---|--|---|---|
| Poutanen,<br>2003 <sup>47</sup><br>SARS | Oseltamivir (oral) + ribavirin (IV; 2g (loading),<br>then 1 g every 6 hours for 4 days, then 500mg<br>every 8 hours for 4-6 days) (n=7)<br>Antibiotics (n=10)  | ICU admission: 5 patients transferred to<br>the ICU<br>Mortality: 3 patients; all deaths occurred<br>in patients who had an underlying<br>immune-compromised state  | NR  |
| So, 2003 <sup>49</sup><br>SARS          | Mechanical ventilation (n=5)<br>Ribavirin (IV) and ribavirin (orally) (n=31)<br>Ribavirin (IV) 400 mg every 8 h (1200 mg daily)<br>for at least 3 days (or until condition becomes<br>stable), then ribavirin (orally) 1200 mg twice<br>daily (2400 mg daily);<br>Antibiotics (31), corticosteroids (31), pulsed<br>methylprednisolone (13), ventilation (4)   | Death (n=31)  | None reported   |
| Sung,<br>2004 <sup>51</sup><br>SARS     | Ribavirin (n=138)<br>Combination of ribavirin and "low dose"<br>corticosteroid therapy on day 3–4 (oral ribavirin<br>as a loading dose of 2.4 g stat followed by 1.2 g<br>three times daily);<br>Antibiotics (cefotaxime, levofloxacin,<br>clarithromycin), oseltamivir, prednisolone,<br>hydrocortisone, pulse methylprednisone,<br>intravenous cefotaxime 1 g every 6 hours with<br>either oral levofloxacin 500 mg daily or<br>clarithromycin 500 mg twice daily, prednisolone<br>0.5–1 mg/kg body weight per day), | ICU (n=37)<br>Mortality (n=15)<br>6 patients died after failing to respond to<br>ribavirin+low dose treatment<br>2 died after failing to respond to initial<br>pulse methylprednisone<br>7 died after failing to respond to further<br>pulse methylprednisone | Hyperglycemia (plasma spot<br>glucose > 11 mmol/L) (n=107)<br>Hypokalaemia (plasma potassium <<br>3.0 mmol/L) (n=107)<br>Transient confusion, delusion, or<br>anxiety (n=107)<br>Hemolytic anemia (bilirubin increase<br>>20 micromol/L or reticulocyte count<br>>1%) (n=138) |
| Tang, 2003 <sup>52</sup><br>SARS        | Ribavirin (IV;6.5 to 10 mg/kg daily) (n=2)<br>Antibiotics - levofloxacin (n=2)   | Mortality: One patient died   | NR  |



| Author,                               | Drug therapy (sample size)  |  |                 |
|---------------------------------------|---|--|-----------------|
| Year;<br>Diagnosis                    | [dose, route of administration, frequency,<br>duration]   | Effectiveness Outcomes   | Safety Outcomes |
| Diagnosis                             | Imipenem (changed from ribavirin on day 21)<br>(n=1)<br>Corticosteroid - pulsed methylprednisolone (0.5g<br>daily was given from day 7 to 9, then 1g daily on<br>days 10,12, and 13)(n=1)   |  |                 |
| Tiwari,<br>2003 <sup>53</sup><br>SARS | Ribavirin (n=36)<br>Ribavirin - 8mg/kg tid (intravenous), 1.2 g tid<br>(oral); corticosteroid, combination of cefepime<br>and clarithromycin  | ICU (n=2)<br>Mortality (n=1)   | NR              |
| Tsang,<br>2003 <sup>54</sup><br>SARS  | Ribavirin (IV) or ribavirin (oral) (n=10)<br>Ribavirin (IV) 8 mg/kg every 8 hrs OR ribavirin<br>(oral)1.2 g every 8 hrs (1 patient); corticosteroids<br>(10), oxygen (2), mechanical ventilation (2)  | Death (n=10)   | NR              |
| Tsui, 2003⁵⁵<br>SARS                  | Ribavirin (n=323)<br>Loading dose of 33mg/kg of ribavirin, followed<br>by 20 mg/kg every 8 h, was given intravenously;<br>Antibiotic (levofloxacin or amoxicillin/clavulinate<br>acid, clarithromycin, hydrocortisone or<br>prednisone, methylprednisolone),<br>Hydrocortisone, 2 mg/kg every 6 h or 4 mg/kg<br>every 8 h, together with<br>ribavirin.<br>The total duration of therapy could range from<br>14 to 21 days.<br>Pulsed doses of methylprednisolone (500 mg<br>per dose) | Hospital admission (n=323)<br>ICU (n=67)<br>Mortality (n=26)<br>Crude mortality rate of our cohort after<br>47±8 days of follow-up was 7.9% (95%<br>CI, 5% to 10.8%) | NR              |



| Author,<br>Year;<br>Diagnosis       | Drug therapy (sample size)<br>[dose, route of administration, frequency,<br>duration]  | Effectiveness Outcomes               | Safety Outcomes |
|-------------------------------------|--|--------------------------------------|-----------------|
|                                     | Ribavirin plus steroid therapy was administered 1.2±1.7 days after admission.  |                                      |                 |
| Wu, 2003 <sup>59</sup><br>SARS      | Ribavirin/oseltamivir, (n=31/58)<br>[duration: 5.7 (3.2 days)]<br>Ribavirin (IV) 4-8 mg/kg tid, 4<br>Tetracyclines, aminoglycosides, quinolones,<br>macrolides, glycopeptides, cephalosporins,<br>methylprednisolone, human gamma-globulin;<br>Mean dose ranged from 67.3 (28.2) mg/day to<br>82.4 (30.5) mg/d over 4.9 (2.4) days;<br>Human gamma-globulin infused intravenously<br>(n=66) at mean daily dose of 26.4 (16.1) mg/day<br>over 3.7 (1.8) days<br>Interferon-alpha (n=45) over 5.1 (1.9) days | Mechanical ventilation (n=1)         | NR              |
| Wong,<br>2003 <sup>58</sup><br>SARS | Ribavirin (n=4)<br>Two patients received 4 mg/kg ribavirin thrice<br>daily while the other 2 patients received 8 mg/kg<br>ribavirin thrice daily;<br>Antibiotics (n=4)<br>Patients 3 and 4 also received a higher daily<br>dose of corticosteroids (4 mg/kg hydrocortisone<br>every 4 hours or 15 mg/kg methylprednisolone<br>daily) compared with patients 1 and 2 (4 mg/kg<br>hydrocortisone every 6 hours).   | Mortality (n=4)                      | None reported   |
| Al-Tawfiq,                          | Ribavirin (n= 5)   | All patients had severe disease with | NR              |



|  |  | */  | V B D O B A     |
|--|--|---|-----------------|
| Author,<br>Year;<br>Diagnosis            | Drug therapy (sample size)<br>[dose, route of administration, frequency,<br>duration]  | Effectiveness Outcomes  | Safety Outcomes |
| 2013 <sup>27</sup><br>MERS               | Median number of days from admission to<br>therapy with ribavirin and interferon was 19<br>(range 10–22)<br>Interferon and corticosteroids<br>All patients received adjunctive corticosteroid  | progressive respiratory failure,<br>developed multi-organ failure, and died<br>a mean 39.6 (standard deviation 8.5)<br>days after admission   |                 |
| Al-Tawfiq,<br>2018 <sup>26</sup><br>MERS | therapy<br>Ribavirin (n=2)<br>Interferon-α2b (n=2)   | Mortality: "Two of the three cases in the present report were treated with interferon- $\alpha$ 2b and ribavirin and all patients recovered. The timing of the initiation of anti-viral agents seems to be an important determinant of the response to therapy. "   | NR              |
| Habib,<br>2015 <sup>34</sup><br>MERS     | Oseltamivir (n=1)<br>Antibiotics and Low-molecular-weight heparin<br>(n=1)<br>Interferon and Ribavirin were added (n=1)<br>Steroid injection for fetal lung maturity (n=1)<br>Patient was initially started on antibiotics and<br>LMWH, however, became worse after standard<br>antimicrobial therapy. Started on Oseltamivir,<br>received steroid injections for fetal lung maturity<br>and growth. Interferon and Ribavirin were added<br>to on mechanical ventilation | ICU/Critical Care (n=1): "the woman's<br>condition became worse despite<br>standard antimicrobial therapy and she<br>had to be transferred to the ICU for<br>assisted respiration"<br>Mortality (n=1): "on day 8 the woman<br>deteriorated with h/o MERS-CoV<br>pneumonia, respiratory failure - septic<br>shock; The woman deceased after<br>failed resuscitation. | NR              |
| Khalid,<br>2015 <sup>37</sup><br>MERS    | Ribavirin (n=14)<br>All patients received 1mg/kg of  | ICU admission+intubation (n=14)<br>Death (n=9)  | NR              |



| Author,<br>Year;<br>Diagnosis   | Drug therapy (sample size)<br>[dose, route of administration, frequency,<br>duration]   | Effectiveness Outcomes           | Safety Outcomes   |
|---------------------------------|---|----------------------------------|---|
|                                 | methylprednisolone continuous infusion for<br>ARDS.<br>11 patients received combination of ribavirin and  |                                  |   |
|                                 | peginterferon alpha-2a; interferon alpha-2a,<br>methylprednisolone  |                                  |   |
| Kim, 2016 <sup>38</sup><br>MERS | Ribavirin (oral; 2,000 mg loading, then 1,200 mg<br>three times/day)<br>AND<br>lopinavir/ritonavir (400/100 mg two times/day)<br>(n=1)  | NR                               | Hemolytic anemia and<br>thrombocytopenia, onset occurred<br>on day 5 of treatment<br>Ribavirin and lopinavir/ritonavir were<br>stopped after 5 days<br>of treatment<br>because it was suspected that the<br>hemolytic anemia and<br>thrombocytopenia was an adverse<br>drug reaction.<br>Lasted 9 days and was discharged<br>in 14 days |
| Lee, 2017 <sup>43</sup><br>MERS | Oseltamivir + ribavirin (oral; 2000mg (loading),<br>then 600mg every 8 hours for 3 days, then 400<br>mg every 8 hours for 4 days) (n=1)<br>Interferon-α2b (180mcg once commencing on<br>day 9) (n=1)<br>Antibiotics (n=1)<br>Oxygen (1L/min, 2L/min on day 9, 5L/min on day<br>10) (n=1)<br>Ventilation on day 12 (n=1) | The patient made a full recovery | Transient progression of<br>thrombocytopenia from D12<br>appeared to be caused by interferon<br>and ribavirin   |



| Author,<br>Year;<br>Diagnosis                           | Drug therapy (sample size)<br>[dose, route of administration, frequency,<br>duration]   | Effectiveness Outcomes  | Safety Outcomes   |  |
|---|---|---|---|--|
| Motabi,<br>2016 <sup>45</sup><br>MERS                   | Oseltamivir (n=4)<br>Antimicrobials and antibiotics (vancomycin,  | ICU admission (n=1)<br>Mortality (n=2)  | NR  |  |
| MERS<br>Shalhoub,<br>2014 <sup>48</sup><br>MERS         | <ul> <li>voriconazole)</li> <li>Ribavirin (a loading dose of 2gm., followed by 600mg orally every 12 hours) (n=1)</li> <li>Interferon alpha 2a (180cg subcutaneously once weekly) (n=1)</li> <li>interferon beta(n=1)</li> <li>Antiretroviral treatment that consisted of a combination of tenofovir/emtricitabine (TDF/FTC) (300/200 mg orally once daily) in combination with ritonavir boosted atazanavir (atazanvir 300mg in addition to ritonavir 100mg) orally daily (n=1)</li> </ul> | Severe pneumonia (n=4)<br>Patient was released 38 days after<br>being hospitalized on the mentioned<br>antiretroviral treatment in addition to<br>prophylactic<br>trimethoprim/sulfamethoxazole 960 mg<br>daily   | NR  |  |
| Spanakis,<br>2014 <sup>50</sup><br>MERS                 | Ribavirin (n=1)<br>[2000 mg loading dose, followed<br>by 1200 mg p.o. every 8 h for 8 days]<br>Lopinavir/ritonavir (400/100mg twice daily) (n=1)<br>Pegylated interferon (180g subcutaneously once<br>per week for 12 days) (n=1)   | ICU admission: One patient was<br>intubated, ventilated and transferred to<br>a negative pressure room in the ICU of<br>the same hospital<br>Mortality: "During the course of his<br>hospitalization, the patient was<br>diagnosed with adenocarcinoma of the<br>colon and eventually died from septic<br>shock 2 months and 19 days after the<br>initial diagnosis." | Jaundice and hyperbilirubinemia,<br>time of onset is unclear, ribavirin<br>was discontinued on day 20 |  |
| Bogdanov,<br>2017 <sup>29</sup><br>Other<br>coronavirus | Foscarnet (n=1)<br>Intravenous immunoglobulins (n=1)  | Mortality (n=1): "the patient died due to respiratory paralysis"  | NR  |  |



| ize)<br>frequency, | Effectiveness Outcomes |   |   | Safety Outcomes |
|--------------------|------------------------|---|---|-----------------|
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| Author,<br>Year;<br>Diagnosis                    | Drug therapy (sample size)<br>[dose, route of administration, frequency,<br>duration]  | Effectiveness Outcomes | Safety Outcomes |  |
|--|--|------------------------|-----------------|--|
| Oger, 2017 <sup>46</sup><br>Other<br>coronavirus | Ribavirin (n=1)<br>Patients who received oral ribavirin for non-HCV<br>infections; dose was 400 mg tid or 200 mg tid if<br>there was renal insufficiency | Mortality (n=0)        | NR              |  |

\*\*Indicates statistically significant results



## **APPENDIX 5 – Quality Appraisal/Risk of Bias – Complete Results**

| Cochrane Risk of Bias Tool – Randomized Controlled Trials  |              |              |              |              |          |              |          |  |  |
|--|--------------|--------------|--------------|--------------|----------|--------------|----------|--|--|
| First authorRandom<br>sequence<br>generationAllocation<br>concealmentBlinding of<br>participantsBlinding of<br>outcome<br>and personnelIncomplete<br>outcome<br>outcome dataSelective<br>reporting |              |              |              |              |          |              |          |  |  |
| Lee, 2004 <sup>6</sup>   | Unclear risk | Unclear risk | Unclear risk | Low risk     | Low risk | Unclear risk | Low risk |  |  |
| Park, 2019 <sup>7</sup>  | Unclear risk | Unclear risk | Low risk     | Low risk     | Low risk | Unclear risk | Low risk |  |  |
| Zhao, 2003 <sup>8</sup>  | High risk    | High risk    | High risk    | Unclear risk | Low risk | Unclear risk | Low risk |  |  |

| Newcastle Ottawa Scale – Cohort studies |  |   |                              |  |   |                                |  |  |
|---|--|---|------------------------------|--|---|--------------------------------|--|--|
| Author,<br>Year                         | Representative-<br>ness of the<br>exposed cohort | Selection of the<br>non-exposed<br>cohort | Ascertainment<br>of exposure | Demonstration<br>that outcome<br>was not present<br>at start | Comparability of<br>cohorts (design<br>or analysis) | Assessment of outcome          | Was follow-up<br>long enough for<br>outcomes to<br>occur | Adequacy of<br>follow up of<br>cohorts |
| Alkhadhairi,<br>2018 <sup>9</sup>       | B - somewhat representative                      | A - same<br>community                     | A - secure<br>record         | B - no   | D - no<br>description                               | A -<br>independent<br>or blind | A - yes  | A - complete                           |
| Arabi,<br>2019 <sup>10</sup>            | A - truly representative                         | A - same<br>community                     | A - secure<br>record         | B - no   | A - age and other factor                            | A -<br>independent<br>or blind | A - yes  | A - complete                           |
| Chan,<br>2003 <sup>11</sup>             | B - somewhat representative                      | A - same<br>community                     | A - secure<br>record         | B - no   | A - age and other factor                            | A -<br>independent<br>or blind | A - yes  | B - small<br>number lost               |
| Choi, 2016 <sup>12</sup>                | B - somewhat representative                      | A - same<br>community                     | A - secure<br>record         | B - no   | D - no<br>description                               | A -<br>independent<br>or blind | A - yes  | A - complete                           |
| Chu, 2004 <sup>13</sup>                 | B - somewhat representative                      | A - same<br>community                     | A - secure<br>record         | B - no   | A - age and other factor                            | A -<br>independent<br>or blind | A - yes  | A - complete                           |
| Guo, 2019 <sup>14</sup>                 | B - somewhat representative                      | A - same<br>community                     | A - secure<br>record         | A - yes  | D - no<br>description                               | A -<br>independent<br>or blind | A - yes  | B - small<br>number lost               |



| Ho, 2003 <sup>15</sup>       | B - somewhat representative | A - same<br>community | A - secure<br>record | A - yes | D - no<br>description    | A -<br>independent<br>or blind | A - yes | A - complete             |
|------------------------------|-----------------------------|-----------------------|----------------------|---------|--------------------------|--------------------------------|---------|--------------------------|
| Lau, 2009 <sup>16</sup>      | A - truly<br>representative | A - same<br>community | A - secure<br>record | B - no  | A - age and other factor | A -<br>independent<br>or blind | unclear | D - no<br>description    |
| Leong,<br>2004 <sup>17</sup> | B - somewhat representative | A - same<br>community | A - secure<br>record | B - no  | A - age and other factor | A -<br>independent<br>or blind | A - yes | A - complete             |
| Li, 2006 <sup>18</sup>       | B - somewhat representative | A - same<br>community | A - secure<br>record | B - no  | A - age and other factor | A -<br>independent<br>or blind | A - yes | B - small<br>number lost |