1	Calcium channel blocker amlodipine besylate is associated with reduced case
2	fatality rate of COVID-19 patients with hypertension
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8	Running title: CCBs inhibit SARS-CoV-2 replication
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#### 33 Abstract

The coronavirus disease (COVID-19) caused by the novel severe acute respiratory 34 35 syndrome coronavirus 2 (SARS-CoV-2) has now spread to more than 100 countries 36 posing as a serious threat to the public health on a global scale. Patients with 37 comorbidity such as hypertension suffer more severe infection with elevated case 38 fatality rate. Development of effective anti-viral drug is in urgent need to treat 39 COVID-19 patients. Here we report that calcium channel blockers (CCBs), a type of 40 anti-hypertension drugs that are widely used in the clinics, can significantly inhibit the 41 post-entry replication events of SARS-CoV-2 in vitro. Comparison with two other major types of anti-hypertension drugs, the angiotensin converting enzyme inhibitors 42 (ACEI) and angiotensin II receptor blockers (ARB), showed that only CCBs display 43 44 significant anti-SARS-CoV-2 efficacy. Combined treatment with chloroquine and 45 CCBs significantly enhanced the anti-SARS-CoV-2 efficacy. Retrospective clinical 46 investigation of COVID-19 patients revealed that the CCB amlodipine besylate administration was associated with reduced case fatality rate of patients with 47 hypertension. Results from this study suggest that CCB administration for COVID-19 48 49 patients with hypertension as the comorbidity might improve the disease outcome.

50

51 Keywords

52 SARS-CoV-2, COVID-19, hypertension, calcium channel blockers, retrospective
53 clinical investigation

#### 54 Introduction

55	The severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) is the causative
56	pathogen of the novel coronavirus disease (COVID-19) that recently occurred in
57	Wuhan, China in late December 2019 (1, 2). SARS-CoV-2 infection induced similar
58	symptoms with SARS-CoV including fever, cough, dyspnea, etc and can result in
59	multiple organ dysfunction syndrome and death in severe cases $(3)$ . The virus has
60	caused a global pandemic transmission posing as a serious threat to the public health.
61	As of Mar 19, 2020, there are over 203,000 confirmed COVID-19 cases with more
62	than 8,100 deaths from SARS-CoV-2 infection around the world. Due to its high
63	transmissibility and severe infection outcome, the World Health Organization has
64	declared the SARS-CoV-2 a public health emergency of international concern. The
65	rapid transmission of SARS-CoV-2 raises the concern whether it will become a
66	seasonal coronavirus like hCoV-229E, OC43, NL63, and HKU1, however with a
67	much higher mortality rate. Development of effective anti-viral drugs is urgently
68	needed to contain the current transmission of SARS-CoV-2 and to counteract its
69	potential re-emergence in the future.

70

So far, no antiviral drug for SARS-CoV-2 has been officially proved to be effective in treating COVID-19 patients. Compared with de-novo drug development, which normally takes years of development and evaluation, repurposing preexisting drugs that are in clinical use to treat virus infection is one of the most effective strategies for developing drug against emerging viruses (*4*). Our recent study has reported that

76 remdesivir, favipiravir and chloroquine (CQ) have distinct anti-SARS-CoV-2 effect in vitro (5). Remdesivir was first developed for treating Ebola virus (6), and showed 77 78 strong anti-SARS-CoV and MERS-CoV activity in vitro (7) and in mouse model (8). A randomized controlled trial has been initiated to assess the efficacy and safety of 79 80 remdesivir to treat COVID-19 and the result is expected to be released in April (4). 81 Favipiravir is an approved anti-influenza drug for clinical use in Japan and very recently in China. Similar with remdesivir, favipiravir has also being registered in 82 83 clinical trial to evaluate its efficacy in treating COVID-19(4). CQ is an anti-malaria 84 drug that has been developed in the 1940's with a safe record in clinical 85 administration (9). Given its approved status it was quickly tested in clinics and a 86 recent study reported its potential benefits in treating COVID-19 patients (10). These 87 progresses strongly support the endeavor of repurposing approved drugs for COVID-19 treatment. 88

89

90 The most affected COVID-19 patients are the elderly who often have comorbidities 91 such as hypertension, diabetes, cardiovascular disease, etc (11). These patients suffer more severe infection outcome with significantly higher case fatality rate (11). The 92 93 current therapeutic regime is largely symptomatic treatment and specific evaluation of 94 drug treatment for COVID-19 patients with different comorbidities is still lacking. 95 Identification of more drug candidates with anti-SARS-CoV-2 efficacy would help to 96 provide more options from which safe and effective drugs can be selected and/or combined for personalized medication for the patients on an individual level. 97

98

99	Calcium channel blockers (CCBs) are widely used in the clinics for treating
100	hypertension, angina pectoris, supraventricular arrhythmias (12). Recently, CCBs
101	were also reported to have anti-viral effect against several emerging viruses including
102	bunyaviruses, arenaviruses and flaviviruses (13-15). About 30% of SARS-CoV-2
103	patients have hypertension as comorbidity and these patients suffer the case fatality
104	rate of up to 14% (11, 16) urging that effective drug treatment for these patients needs
105	to be evaluated. Recently, a concern was raised about whether administration of
106	anti-hypertension drugs of ARB or ACEI to COVID-19 patients would worsen the
107	disease progression through up-regulation of ACE2 expression level and result in
108	more severe SARS-CoV-2 infection (22). In this study we tested a panel of
109	anti-hypertension drugs that are in clinical use and found that the CCBs benidipine
110	HCI and amlodipine besylate have significant anti-viral effect in vitro. Retrospective
111	clinical investigation showed that amlodipine besylate was associated with reduced
112	case fatality rate of COVID-19 patients with hypertension. These results provide
113	valuable reference for selecting drug treatment for COVID-19 patients with
114	hypertension as the underlying comorbidity.

#### 115 **Results:**

#### 116 CCBs inhibit SARS-CoV-2 infection in vitro.

117	To test whether CCBs can inhibit SARS-CoV-2 replication, Vero E6 cells were treated
118	with a panel of 9 clinically approved CCBs, and then infected with SARS-CoV-2 at a
119	multiplicity of infection (MOI) of 0.05. At 24 hours post infection (p.i.), copy
120	numbers of viral RNA in the supernatant were measured with qRT-PCR (Figure 1A),
121	and the intracellular level of virus infection was monitored by immunofluorescence
122	with an antibody against virus NP protein (Figure 1B). We found that four CCBs,
123	benidipine HCI, amlodipine besylate, cilnidipine and nicardipine HCI, significantly
124	inhibited SARS-CoV-2 replication (Figure 1). Experiments with serial concentrations
125	of drug treatment revealed that these four CCBs inhibited SARS-CoV-2 replication in
126	a dose-dependent manner, without causing strong cytotoxic effect (Figure 2A). The
127	half maximal inhibitory concentrations (IC <sub>50</sub> ) of benidipine HCI, amlodipine besylate,
128	cilnidipine, nicardipine HCI were 3.81, 4.17, 11.58 and 13.32 $\mu M,$ respectively, and
129	the half cytotoxic concentration ( $CC_{50}$ ) of all four drugs were calculated to be above
130	100 $\mu M.$ The drug selection index (SI) of these four CCBs was calculated to be $>$
131	26.25, > 23.98, >8.64 and >7.51, respectively (Figure 2A). Similar inhibition effects
132	of these four CCBs were also observed on the human hepatocyte cell line Huh7
133	(Supplementary Figure S1).

134

135 Since CCBs block intracellular calcium influx, we analyzed whether the

anti-SARS-CoV-2 effect of CCBs is related with reduced intracellular calcium level.

Intracellular calcium level can be reduced through treatment with calcium chelator

138	1,2-Bis(2-aminophenoxy)ethane-N,N,N',N'-tetraacetic acid tetrakis(acetoxymethyl
139	ester) (BAPTA-AM) or 2-Aminoethyl Diphenylborinate (2APB), a membrane
140	permeable blocker of the inositol 1,4,5-trisphosphate (IP3)-induced $Ca^{2+}$ release (17).
141	Vero E6 cells were treated with serial concentrations of BAPTA-AM or 2APB, and
142	then infected with SARS-CoV-2. At 24 hours p.i., copy numbers of viral RNA in the
143	supernatant were measured with qRT-PCR. As shown in figure 2B, addition of
144	BAPTA-AM or 2APB also significantly inhibited virus replication in a concentration
145	dependent manner, confirming the dependence role of intracellular Ca <sup>2+</sup> for
146	SARS-CoV-2 replication.

147

137

#### 148 CCB inhibits viral replication at the post-entry stage.

149 To define the event of virus infection that was inhibited by CCBs, time-of-addition 150 assay of drug treatment was performed. The CCB benidipine HCI was chosen for 151 further analysis as it has the lowest effective concentration and the highest SI index of 152 the 4 tested CCBs. Benidipine HCI or 2ABP were added during virus entry, 2-hours post virus infection or through-out virus infection (Figure 3A). The virus production 153 154 in the supernatant was measured with qRT-PCR and the intracellular NP expression 155 level was determined with western blot and immunofluorescence analysis with the NP 156 antibody. As shown in figure 3B-D, addition of drug through-out virus infection or 157 2-hours after virus entry strongly inhibited virus production, while addition of drug 158 during virus entry did not inhibit virus replication. Notably, compared with drug

159	treatment throughout virus infection, addition of drugs 2-hours after virus entry had
160	slightly lower inhibition efficacy (Figure 3 B,C). Whether this is due to rapid onset of
161	virus replication within the first 2-hours that was not fully blocked by following drug
162	treatment still needs further characterization. Nevertheless, these results indicate that
163	benidipine HCI and 2ABP mainly inhibit virus infection at a stage after virus entry,
164	potentially during virus genome replication/transcription.

165

### 166 CCBs but not ARBs or ACEIs display inhibitory effect against SARS-CoV-2

167 replication.

Angiotensin II receptor blockers (ARB), angiotensin converting enzyme inhibitors 168 169 (ACEI) and CCBs represent three major types of anti-hypertension drugs that are in 170 clinical use (18). We next analyzed whether the ARB and ACEI anti-hypertension 171 drugs can also inhibit SARS-CoV-2 replication. Representative ARBs (losartan 172 potassium, valsartan) or ACEIs (enalaprilat dihydrate, enalapril maleate) that are 173 widely used in the clinics (18) were chosen for the evaluation of potential anti-viral 174 effect. Vero E6 cells were treated with serial concentrations of drug compounds and 175 infected with SARS-CoV-2 at an MOI of 0.05. At 24 hours p.i., viral copy number in the supernatant was measured with qRT-PCR and cell viability was measured with 176 177 CCK-8 assay. As shown in figure 4, in contrast to the distinct inhibition efficacy 178 against SARS-CoV-2 of CCBs, the selected ARBs or ACEIs did not show any 179 significant inhibition effect. These results suggested that of the three types of 180 anti-hypertension drugs only CCBs have significant anti-SARS-CoV-2 efficacy.

181

# 182 Combined application of chloroquine (CQ) with CCB resulted in enhanced 183 anti-SARS-CoV-2 effect.

CQ was recently reported to inhibit the entry stage of SARS-CoV-2 replication (5). 184 185 Considering that CCB may inhibit SARS-CoV-2 at the post-entry stage, we analyzed 186 whether the combined application of CQ and CCB would lead to a more distinct inhibition effect. CQ and CCB were added separately or in combination to the Vero 187 188 E6 cells followed by virus infection with SARS-CoV-2 at the MOI of 0.05. At 24 189 hours p.i., copy numbers of viral RNA in the supernatant were measured with 190 qRT-PCR and the intracellular level of virus infection was monitored by 191 immunofluorescence with the NP antibody. As shown in figure 5, while separate 192 application of CQ or benidipine HCI resulted in distinct reduction of virus replication, 193 the combined application of benidipine HCI and CQ further enhanced the 194 anti-SARS-CoV-2 efficacy (P < 0.001).

195

# Administration of amlodipine besylate is associated with reduced case fatality rate in COVID-19 patients with hypertension.

In order to evaluate whether CCBs have therapeutic effect in COVID-19 patients, we retrospectively analyzed the medical record of 487 adult COVID-19 patients with hypertension, including 225 had been admitted into the Tongji Hospital from January 17 to February 14, , and 262 had been admitted into the Union Hospital from January 10 to March 30, 2020. Of these patients 331 concurrently had other underlying

203	comorbidities such as diabetes, chronic obstructive pulmonary disease, cerebral
204	infarction, etc, 56 had no information on antihypertensive treatment, and 10 were still
205	in the hospital. The 90 patients, who only had hypertension as the comorbidity and
206	were either discharged from the hospital or deceased, were included for the
207	retrospective analysis. Among these patients 44 received amlodipine besylate, 16
208	received nifedipine, 4 received other CCBs, 17 received other antihypertensive drugs
209	(including ARBs, ACEIs, $\beta$ -blockers, and thiazide), and 9 had no anti-hypertension
210	drug treatment. No patient was found receiving benidipine HCI treatment. All the
211	patients who did not receive amlodipine besylate were defined as non-amlodipine
212	besylate treated patients. For amlodipine besylate treated and non-amlodipine besylate
213	treated patients, the median (IQR) age was 67 (59.5-72) and 65 (57-74) years, and the
214	median (IQR) delay from symptom onset to hospital admission was 10 (7-14) and 8.5
215	(6-13.5) days, respectively. Both of the two variables showed no significant
216	inter-group difference. The female proportion was lower in amlodipine besylate
217	treated patients (37.0%) than that (59.1%) in non-amlodipine besylat treated patients,
218	(P = 0.036, Supplementary information, Table S1). The frequencies of clinical
219	manifestations that were recorded before or at admission, including fever, cough,
220	feeble, chest distress, shortness of breath, and gastrointestinal symptoms, were
221	comparable between the two groups (all $P > 0.05$ , Supplementary information, Table
222	S1). Compared to the non-amlodipine besylate treated group, the amlodipine besylate
223	treated group had lower serum levels of total bilirubin and lactate dehydrogenase (P =
224	0.047 and $P = 0.015$ , respectively; Supplementary information, Table S1). All other

225	laboratory parameters tested at admission were comparable. The commonly
226	prescribed therapies during hospitalization included antibiotics, antiviral agents,
227	traditional Chinese medicines, corticosteroids, and respiratory support. The
228	amlodipine besylate treated group had lower frequency of antibiotics and higher
229	frequency of corticosteroids ( $P = 0.028$ and $P = 0.006$ , respectively; Supplementary
230	information, Table S2), while other therapies were observed with comparable
231	frequencies between the two groups.

232

For the primary outcome of mortality, a beneficial effect in reducing the case fatality 233 234 rate (CFR) was observed in patients receiving amlodipine besylate, with the CFR 235 being significantly decreased from 26.1% (12/46) in non-amlodipine besylate treated 236 group to 6.8% (3/44) in amlodipine besylate treated group (P = 0.022). Kaplan-Meier 237 analysis similarly demonstrated reduced risk of death in amlodipine besylate treated 238 group, in comparison with non-amlodipine besylate treated group (P = 0.033, log-rank 239 test; Figure 6A). The effect amlodipine besylate treatment of on CFR remained 240 significant with the use of Cox regression model by adjusting for age, sex, the delay 241 from symptom onset to hospital admission, and therapies administration (hazard ratio (HR) 0.182, 95% confidence interval (CI) 0.037-0.897, P = 0.036; Table 1). Further 242 243 analysis showed that the CFRs were higher in all other patient groups, with 12.5% 244 (2/16) in patients receiving nifedipine, 25.0 (1/4) in patients receiving other CCBs, 245 41.2% (7/17) in patients receiving other anti-hypertension drugs, 22.2% (2/9) in 246 patients without receiving anti-hypertension drugs. When compared to the patients

- 247 without receiving anti-hypertension drugs, significant treatment effect was only
- observed in the patients receiving amlodipine besylate (Table 1; Figure 6B).

#### 249 Discussion :

250 Depending on the studies, around 13-30% of COVID-19 patients have hypertension 251 as the underlying comorbidity (11, 16, 19). The case fatality rate of this group of 252 patient is calculated to be 6%, which is more than 6-fold higher than the CFR of 253 people without underlying comorbidity (0.9%) (19). In Wuhan, where the proportion 254 of patients with critical conditions is higher, the CFR of patients with hypertension 255 can be up to 14%. Effective medication is needed for treatment of this group of 256 patients. ARBs, ACEIs and CCBs are three major types of anti-hypertension drugs 257 that are widely used in the clinics. It was reported that the ARBs or ACEIs, such as 258 losartan, olmesartan, lisinopril, etc, lead to significantly higher cardiac ACE2 mRNA 259 level in animal model (20, 21). Since the SARS-CoV-2 virus uses ACE2 as its entry 260 receptor, this raises the concern whether administration of these two types of drugs 261 would lead to higher expression level of ACE2 and result in more severe virus 262 infection (22). We showed here that, of the three types of anti-hypertension drugs, 263 only CCBs such as, benidipine HCI or amlodipine besylate, showed potent 264 anti-SARS-CoV-2 activity in vitro. The retrospective clinical investigation of 90 265 COVID-19 patients with hypertension further revealed the beneficial effect of amlodipine besylate administration with reduced CFR (6.8%, n=44). In contrast, 266 267 patients received ARBs/ACEIs/-blockers/thiazide as anti-hypertension drugs had the 268 CFR of 41.2% (n=17) and the general CFR of this group of patient is 16.7% (n=90). 269 These results together suggest that CCBs, such as amlodipine besylate, may be more 270 effective drug options for treating COVID-19 patients who have hypertension as the

271 comorbidity.

272

273 The therapeutic mechanism of CCBs against COVID-19 still awaits further 274 investigation. Several pathogenic viruses, such as Zika virus, dengue virus, H5N1 275 avian influenza virus, etc, induce intracellular calcium influx to facilitate virus 276 infection (23, 24). The elevated intracellular calcium level is associated with pathogenesis mechanisms including induction of mitochondrial dysfunction and cell 277 278 death which will result in triggering of strong inflammatory responses (25-27). 279 Consistently, CCBs were reported to have anti-inflammatory efficacy through 280 regulating intracellular calcium level in patients and to decrease mortality in septic 281 animal models with excessive inflammatory responses (28, 29). Particularly, 282 amlodipine besylate has been shown to decrease levels of inflammatory markers and 283 oxidative stress compared to baseline in patients with hypertension (30). Excessive 284 inflammatory responses are reported to be associated with COVID-19 fatal outcome 285 (11). It is possible that, besides inhibiting virus replication, CCBs may also function 286 through alleviating inflammatory responses in the patients to achieve the clinical 287 benefits in a synergistic way with its anti-viral efficacy.

288

Recently, CCBs have been reported to inhibit replication of several emerging viruses including Ebola virus, Marburg virus (*31, 32*), Junin virus(*14*), and severe fever with thrombocytopenia syndrome virus (SFTSV) (*33*). Particularly, CCB treatment was reported to be associated with reduced CFR among SFTS patients (*13*). Here we show

293	that, similar with SFTSV, CCBs inhibit the post-entry events of SARS-CoV-2
294	replication. Although the exact inhibition mechanism still needs further investigation,
295	it is possible that CCBs block the virus-induced intracellular calcium influx and
296	impair calcium dependent cellular pathways that are critical for virus replication. This
297	way CCBs may function as a host-oriented drug that inhibits virus replication through
298	regulating virus-dependent host machinery and the chance for occurrence of resistant
299	mutants is lower compared to anti-viral drugs that target specific virus constituents
300	(34). This would be highly valuable for developing drugs against RNA viruses such as
301	SARS-CoV-2 as these viruses generally have a high mutation rate.

302

303 CQ has been shown to efficiently block SARS-CoV-2 entry in vitro and emerging 304 evidences showed that administration of CQ has beneficial effects for COVID-19 305 patients in clinics. It was also reported that administration of CQ can reduce overall 306 inflammation in several conditions with little toxicity (9). Whether CQ also alleviates 307 the excessive inflammatory responses in COVID-19 patients is currently unknown. 308 Nevertheless, the significantly enhanced anti-SARS-CoV-2 efficacy upon combined 309 application of CQ and CCB indicates that dual administration of these two drugs may 310 achieve a more pronounced therapeutic effect. Several clinical trials are currently 311 ongoing for analyzing the therapeutic effect of CQ in COVID-19 patients. Whether 312 there are patients that have received combined drug treatment of CQ and CCB would 313 be interesting for evaluation.

314

315	Results from this study suggested that CCB amlodipine besylate is associated with
316	reduced case fatality rate of COVID-19 patients with hypertension. COVID-19
317	patients with several comorbidities besides hypertension may have a more
318	complicated underlying condition, and therefore was not included in the current study.
319	Thus the therapeutic potential may only be applicable to the patients with
320	hypertension as the only comorbidity. Evaluation with a larger patient cohort would
321	further verify the potential therapeutic effect of the CCB. Additionally, dosing,
322	side-effects and drug-drug interactions of the CCBs, similar with any drug that is in
323	clinical use or testing, should be rigorously evaluated before clinical benefits can be
324	more formally concluded.

#### 325 Materials and Methods

#### 326 Cells, virus and reagents

327	Vero E6 cell line was obtained from American Type Culture Collection (ATCC) and
328	maintained in minimum Eagle's medium (MEM; Gibco Invitrogen) supplemented
329	with 10% fetal bovine serum (FBS; Gibco Invitrogen), 1% antibiotic/antimycotic
330	(Gibco Invitrogen), at 37 $^{\circ}\text{C}$ in a humidified 5% CO <sub>2</sub> incubator. Huh7 cell line was
331	cultured in Dulbecco's modified Eagle's medium (DMEM; Gibco Invitrogen)
332	supplemented with 10% FBS, 1% antibiotic/antimycotic (Gibco Invitrogen), at 37 $^{\circ}\mathrm{C}$
333	in a humidified 5% CO <sub>2</sub> incubator.
334	

335 SARS-CoV-2 (nCoV-2019BetaCoV/Wuhan/WIV04/2019) was propagated in Vero E6

cells (2), and viral titer was determined by 50% tissue culture infective dose (TCID50)
as described in our previous study(5). All the infection experiments were performed in
a biosafety level-3 (BLS-3) laboratory.

339

Benidipine HCI (Selleck Chemicals, no. S2017), Amlodipine besylate (Selleck
Chemicals, S1813), Cilnidipine (Selleck Chemicals, S1293), Nicardipine HCl
(Selleck Chemicals, S4181), Nifedipine (Selleck Chemicals, S1808), Isradipine
(Selleck Chemicals, S1662), Nimodipine (Selleck Chemicals, S1747), Nisoldipine
(Selleck Chemicals, S1748), Felodipine (Selleck Chemicals, S1885), 2-Aminoethyl
Diphenylborinate (2APB, Selleck Chemicals, S6657), BAPTA-AM (Selleck
Chemicals, S7534) and Chloroquine (Sigma-Aldrich, no.C6628) were purchased from

347 indicated companies.

348

#### 349 Evaluation of the antiviral activities of the test compounds

- Vero E6 pre-seeded in 48-well dish  $(1 \times 10^5 \text{ cells/well})$  were treated with the different
- concentration of the indicated compounds for 1 hour and infected with SARS-CoV-2

at an MOI of 0.05. Two hours later, the virus-drug mixture was removed and cells

were cultured with drug containing medium. At 24 hours p.i., the cell supernatant was

354 collected and lysed. The viral RNA extraction and quantitative real time PCR

355 (RT-PCR) analysis was described in our previous study (5).

356

#### 357 Evaluation of the cytotoxicity of the test compounds

Vero E6 pre-seeded in 96-well dish ( $5 \times 10^4$  cells/well) were treated with the different concentration of the indicated compounds, and 24 hours later, the relative numbers of surviving cells were measured with cell counting kit-8 (GK10001,GLPBIO) according to the manufacturer's instructions.

362

#### 363 Immunofluorescence microscopy

To detect intracellular expression level of viral NP, cells were fixed with 4% paraformaldehyde in advance. Fixed cells were permeabilized with 0.5% Triton X-100 and blocked with 5% bovine serum albumin (BSA). Then they were incubated for 2 hours with the anti-sera (1:1000 dilution) against the NP of a bat SARS-related CoV as the primary antibody, followed by incubation with Alexa 488-labeled goat

369	anti-rabbit IgG (Abcam, ab150077; 1:500 dilution). The nuclei were stained with
370	DAPI (Sigma-Aldrich, no.D9542). The images were taken by a fluorescence
371	microscopy.

372

#### 373 Western blot analysis

374 For Western blot analysis, proteins were separated by 12% SDS-PAGE and then

transferred onto PVDF membranes (Millipore). The membranes were blocked with 5%

BSA in TBST (TBS buffer with 0.1% Tween 20) for 1 hour at room temperature.

377 After washed with TBST for three times, the membranes were incubated with the

anti-NP sera (1:2000 dilution) overnight at 4°C. After washed with TBST for three

times, the membranes were incubated with horseradish peroxidase (HRP)-conjugated

380 Goat Anti-Rabbit IgG (Proteintech, China; 1:10000 dilution). Protein bands were

detected by SuperSignal West Pico Chemiluminescent substrate (Pierce).

382

#### 383 Clinical investigation

#### 384 Study design and patients

385 To investigate the clinical effect of amlodipine treatment on COVID-19, we

386 conducted a retrospective clinical investigation on the patients who were admitted to

the Tongji Hospital, Union Hospital, which are the major tertiary teaching hospitals in

- 388 Wuhan, China, and are responsible for the treatments of severe COVID-19 cases. The
- diagnosis of COVID-19 was made based on the World Health Organization interim
- 390 guidance, and the confirmed cases denoted the patients whose nasal or pharyngeal

391 swab samples were positive for real-time reverse-transcription

392	polymerase-chain-reaction (RT-PCR) assay. Adult confirmed patients were checked
393	for medical record of comorbidities and related therapeutic drugs by a trained research
394	medical staff, and the COVID-19 patients who had hypertension were recruited into
395	the study. Patients, who had other comorbidities, such as coronary heart diseases,
396	cerebral infarction, diabetes, chronic obstructive pulmonary disease, pulmonary
397	tuberculosis, chronic kidney disease, and malignancy, were excluded. The research
398	protocol was approved by the human ethics committee of the hospital in accordance
399	with the medical research regulations of China (TJ-IRB20200102), and oral informed
400	consents were obtained from all patients or patients' family members.
401	Data collection
402	Data about demography, clinical manifestations, and laboratory testing results were
403	retrospectively collected by reviewing medical records and entered into standardized
404	database. Medication use during hospitalization including information on
405	antihypertensive drugs (i.e. calcium channel blockers, angiotensin receptor blockers,
406	and diuretics) was also recorded. Serial throat swabs were collected for the testing of
407	HCoV-19 RNA with the use of RT-PCR during the patients' hospitalization.
408	Outcome

- 409 The primary outcome was case fatality.
- 410 Statistics

411 Continuous variables were summarized as means and standard deviations or as

412 medians and interquartile-range (IQR). Student's *t* test or nonparametric test

413	(Mann-Whitney test) was used as appropriate for comparisons of continuous variables
414	between two groups, and ANOVA test or nonparametric test was used as appropriate
415	for comparisons of continuous variables among multiple groups. Categorical variables
416	were summarized as frequencies and proportions, and were analysed by Chi-square
417	test or Fisher's exact test as appropriate. We used the Kaplan-Meier method and the
418	log-rank test to analyse time-to-event data for treatment effect analysis. We calculated
419	HRs and 95% CI by using Cox regression models. A 2-sided <i>P</i> value of <0.05 was
420	considered to be statistically significant. All statistical analyses were performed using
421	SPSS software, version 19.0.

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#### 431 Author contributions:

432 L.-K.Z., K.P., and G.X. conceived and supervised the study. K.P., L.-K.Z., H.L., and

433 G.X. wrote the manuscript. H.Z. collected clinical data. H.L., W.L., H.Z. and H.C.

- 434 analyzed clinical data. Y.S., X.-M.J., W.-J.S., Y.W., S.L., and Y.-L.Z. performed in
- 435 vitro experiment. L.-K.Z., K.P., Y.S., and H.L contributed to the design of the study
- and data analysis. All authors had access to the study data, and reviewed and approved
- 437 the final manuscript.
- 438 **Competing interest:** No conflicts of interest declared.

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#### 587 Figure legends

#### 588 Figure 1. Evaluation of anti-SARS-CoV-2 activity of a panel of CCBs.

- 589 Vero E6 cells were treated with indicated concentrations of compounds and infected
- with SARS-CoV-2 at an MOI of 0.05, and at 24 hours p.i., supernatant was collected
- and cells were fixed. Chloroquine (CQ,  $5 \mu$ M) was used as positive control. (A) Viral
- 592 copy number in the supernatant was measured with quantitative RT-PCR; (B)

intracellular NP level in cells treated with 30 µM indicated compound was monitored

594 with immunofluorescence. The experiments were done in triplicates, and data shown

are means  $\pm$  SD. Bars: 400  $\mu$ m.



597	Figure 2. Dose dependent effects of benidipine HCI, amlodipine besylate,
598	cilnidipine, nicardipine HCl, BAPTA-AM and 2ABP on SARS-CoV-2 replication.
599	Vero E6 cells were treated with indicated concentrations of compounds and infected
600	with SARS-CoV-2 at an MOI of 0.05, and at 24 hours p.i., supernatant was collected
601	and viral copy number in the supernatant was measured with quantitative RT-PCR.
602	Cell viability was measured with CCK8 assay. The left Y-axis of the graph indicates
603	mean % inhibition of virus, while right Y-axis represents mean % cell viability. The
604	experiments were done in triplicates, and data shown are means $\pm$ SD. The IC_{50} and
605	$CC_{50}$ values were calculated by Graphpad Prism 6.0.



#### 607 Figure 3. Time-of-addition experiment of benidipine HCI and 2ABP.

608 (A) For "Full-time" treatment, Vero E6 cells were pre-treated with compounds for 1 609 hour, and then infected with virus. At 2 hours p.i., the supernatant was removed, and 610 the cells were cultured with compound-containing medium until the end of the 611 experiment. For "Entry" treatment, Vero E6 cells were pre-treated with compounds 612 for 1 hour, and then infected with virus. At 2 hours p.i., the supernatant was removed, 613 and the cells were cultured with fresh culture medium until the end of the experiment. 614 For "Post-entry" experiment, Vero E6 cells were infected with virus, and at 2 hours 615 p.i., cells were treated with compound-containing medium until the end of the 616 experiment. For all these experiments, Vero E6 cells were infected with SARS-CoV-2 617 at an MOI of 0.05, and virus copy number in the supernatant was quantified by 618 quantitative RT-PCR (B) and NP expression in infected cells was analyzed by western 619 blot (C) and immunofluorescence with NP antibody (D) at 24 hours p.i.. The Y-axis of 620 the graph represents mean % inhibition of virus. The experiments were performed in 621 triplicates.



30

#### **Figure 4. Effect of drug treatment with two ACEIs (enalaprilat dihydrate,**

#### 624 enalapril maleate) or two ARBs (losartan potassium, valsartan) on SARS-CoV-2

#### 625 replication in vitro.

Vero E6 cells were treated with indicated concentrations of compounds and infected with SARS-CoV-2 at an MOI of 0.05. At 24 hours p.i., supernatant was collected and viral copy number in the supernatant was measured with quantitative RT-PCR. Cell viability was measured with CCK8 assay. The left Y-axis of the graph indicates mean % inhibition of virus, while right Y-axis represents mean % cell viability. The experiments were performed in triplicates, and data shown are means ± SD.



### **Figure 5.** The antiviral activities of chloroquine (CQ) and/or benidipine HCI

#### 634 against SARS-CoV-2 replication.

Vero E6 cells were treated with indicated concentrations of compounds separately or in combination and infected with SARS-CoV-2 at an MOI of 0.05. At 24 hours p.i., supernatant was collected and viral copy number in the supernatant was measured with quantitative RT-PCR (**A**), and NP expression in infected cells was analyzed by immunofluorescence with NP antibody (**B**). The experiments were performed in triplicates, and data shown are means  $\pm$  SD. Comparison of mean values between two groups was analyzed by the student's t test. \*p < 0.05; \*\*p < 0.01; \*\*\*p < 0.001. Bars:





#### 644 Figure 6. Analysis of amlodipine besylate treatment on probability of survival in

#### 645 COVID-19 patients with hypertension.

- 646 Treatment effect on probability of survival of amlodipine besylate treated patients was
- 647 compared with non-amlodipine besylate treated patients (A), or with patients received
- 648 different types of anti-hypertension drugs (B). Other antihypertensive drugs include
- angiotensin receptor blockers, angiotensin converting enzyme inhibitors,  $\beta$ -blockers,
- and thiazide. The Kaplan-Meier method was used to analyze the time-to-event data.



	Total (n=90)	Survival (n=75)	Fatal (n=15)	$P^{\mathrm{a}}$	HR (95% CI)	$P^{\mathrm{b}}$	Adjusted HR (95% CI)	$P^{c}$
Treatment regimen								
No treatment	9	7 (77.8)	2 (22.2)	0.026	Reference		Reference	
Amlodipine besylate	44	41 (93.2)	3 (6.8)		0.141 (0.036-0.546)	0.005	0.086 (0.014-0.551)	0.010
Nifedipine	16	14 (87.5)	2 (12.5)		0.243 (0.050-1.174)	0.078	0.213 (0.040-1.135)	0.070
Other CCBs	4	3 (75.0)	1 (25.0)		0.483 (0.100-2.329)	0.365	0.634 (0.104-3.853)	0.621
Other antihypertensive drugs	17	10 (58.8)	7 (41.2)		0.470 (0.058-3.834)	0.480	0.727 (0.078-6.792)	0.780
Amlodipine besylate								
No	44	41 (93.2)	3 (6.8)	0.022	Reference		Reference	
Yes	46	34 (73.9)	12 (26.1)		0.253 (0.071-0.895)	0.033	0.182 (0.037-0.897)	0.036

#### Table 1. Treatment effect of amlodipine besylate and other antihypertensive drugs in reducing mortality in the patients of COVID-19.

653 Other antihypertensive drugs include angiotensin receptor blockers, angiotensin converting enzyme inhibitors,  $\beta$ -blockers, and thiazide.

<sup>a</sup>Analysed by Chi-square test or Fisher's exact test.

- <sup>655</sup> <sup>b</sup>Analysed by Kaplan-Meier model
- <sup>656</sup> <sup>c</sup>Analysed by Cox regression model by adjusting for age, sex, the delay from symptom onset to hospital admission, and therapies administration.